

ANCHORAGE COMMUNITY EMERGENCY & ADVOCACY RESOURCES

The Little Blue Book
September 2022

BROUGHT TO YOU BY:



FOR HELP FINDING RESOURCES NOT LISTED IN THIS BOOKLET, PLEASE CONTACT:

United Way of Anchorage - Alaska 211
Call 211 or 1-800-478-2221

alaska211.org

Alaska 211 is a confidential referral service to local, state, and federal resources.

[NOTIFICATION TO VICTIMS OF DOMESTIC VIOLENCE](#)

AS 18.65.520

Pg 118



TABLE OF CONTENTS

EMERGENCIES & BASIC CRIME INFORMATION	5
COMMUNITY RESOURCES	19
MEDICAL AND HEALTH-RELATED RESOURCES.....	19
GENERAL HEALTH CARE.....	19
SPECIFIC MEDICAL CONDITIONS.....	21
HEALTH INSURANCE	23
MEDICATION DISPOSAL.....	24
MENTAL HEALTH RESOURCES	25
MENTAL HEALTH EMERGENCY NUMBERS.....	25
MENTAL HEALTH SERVICES.....	26
ALCOHOL AND OTHER SUBSTANCE RESOURCES	34
EMERGENCY ALCOHOL SERVICES	34
NON-EMERGENCY SUBSTANCE USE-INTERVENTION AND RECOVERY RESOURCES	35
NARCAN	42
NEEDLE SERVICES.....	43
HOMELESS/HOUSELESS AND NEAR HOMELESS/HOUSELESS RESOURCES.....	44
FOOD & NUTRITION RESOURCES.....	49
FOOD PANTRIES	49
HOT MEALS	50
CHILDREN'S LUNCHBOX	50
NUTRITIONAL PROGRAMS.....	50
EMPLOYMENT RESOURCES	51
JOB SEARCH SUPPORT	51
JOB/SKILLS TRAINING RESOURCES	55
LEGAL AND COURT RESOURCES	56
HATE CRIME & DISCRIMINATION RESOURCES	59
DISABILITY RESOURCES AND SUPPORT SERVICES	61
IMMIGRANT AND REFUGEE RESOURCES.....	64
2SLGBTQIA+ RESOURCES.....	65
CRIME VICTIM SUPPORT RIGHTS & RESOURCES	67
VICTIM AND VIOLENCE SURVIVORS' ADVOCACY SERVICES.....	67
VICTIM/SURVIVOR EMOTIONAL SUPPORT RESOURCES.....	70
MILITARY AND VETERAN RESOURCES	72
SEXUAL HEALTH AND WELLNESS RESOURCES.....	75

FAMILY AND PARENTING RESOURCES.....	77
MISSING AND RUNAWAY CHILDREN	80
YOUTH RESOURCES FACILITY-BASED SERVICES.....	81
CRISIS HOTLINES	81
INTERPERSONAL VIOLENCE, ASSAULT, AND ABUSE RESOURCES.....	84
ELDER AND VULNERABLE ADULT ABUSE	85
SEXUAL ASSAULT.....	86
HUMAN TRAFFICKING.....	87
DOMESTIC VIOLENCE RESOURCES.....	88
ANIMAL ABUSE	91
STATEWIDE VICTIM SERVICE PROGRAMS.....	92
LAWS AND DEFINITIONS OF SELECT CRIMES.....	96
LOCAL ALCOHOL LAWS	96
HATE CRIME & HUMAN RIGHTS LAWS	97
ALASKA HUMAN RIGHTS LAW	98
AMERICANS WITH DISABILITIES ACT (ADA).....	98
STATE OF ALASKA VICTIMS' RIGHTS	99
LAWS ABOUT MISSING AND RUNAWAY CHILDREN	100
LAWS ABOUT YOUTH SAFETY AT HOME.....	100
DEFINITION OF ELDER AND VULNERABLE ADULT ABUSE	101
DEFINITION OF CONSENT	101
DEFINITION OF SEXUAL ASSAULT	102
REPORTING OPTIONS FOR SEXUAL ASSAULT	103
DEFINITION OF STALKING	105
FEDERAL DOMESTIC VIOLENCE LAWS	105
ALASKA LAW ON NOTIFICATION TO DOMESTIC VIOLENCE VICTIMS ...	106
LEARNING ABOUT INTERPERSONAL/ DOMESTIC VIOLENCE AND ABUSE	107
VIOLENCE: DATING VIOLENCE AND BULLYING	107
DEFINITION OF DOMESTIC VIOLENCE.....	108
THE CYCLE OF DOMESTIC VIOLENCE	109
HOW POWER AND CONTROL ENABLE ABUSE	111
SAFETY PLANNING	113
NOTIFICATION TO VICTIMS OF DOMESTIC VIOLENCE	118
PROTECTIVE ORDERS	121
GENERAL INFORMATION FOR ALL VICTIMS OF CRIME.....	124

EMERGENCIES & BASIC CRIME INFORMATION

Active Emergencies

Call 911

Poison Control

1-800-222-1222

For Non-Emergencies

Call 311

or Anchorage Police Department Dispatch

907-786-8900, press #2

or Alaska State Trooper Dispatch

Non-Emergency Contact Information

Interior, Southeast, Western Alaska

907-451-5100

Mat-Su Valley

907-352-5401

Kenai Peninsula

907-262-4453

[Trooper Posts Contact Information](#)

For Issues Not Related to Law Enforcement

Call 211

for referrals to other resources

What happens when I call 911? A police dispatcher will use the information you provide to figure out what kind of emergency is occurring and how serious it is, including whether someone's personal safety is at risk. The dispatcher may ask you to stay on the phone until an officer arrives so that the police know whether you are still safe. The dispatcher will ask you for your phone number in case they need more information about what happened in the future.

What happens when I call 311? 311 connects you to APD or another Municipality office, depending on the issue. For example, you can call 311 to report a property crime to APD, a problem with street maintenance or traffic, code enforcement, an incapacitated person (who is not experiencing a medical emergency), or many other problems that require the Municipality to resolve.

Anchorage Police Department (APD)

[Anchoragepolice.com](https://www.anchoragepolice.com)

716 W 4th Ave, Anchorage, AK 99501

APD Lobby Hours: Monday-Friday 8am-4pm

(closed municipal holidays)

FOR EMERGENCIES

Call 911

APD MAIN NUMBER

907-786-8900, press #2

NOTE: Help is available to all persons. You can get help even if you do not speak English or if you are hearing impaired.

HOW TO REPORT A CRIME

For an active emergency

Call 911

Do not call 911 for a non-emergency, since that can distract 911 resources from emergencies in progress.

Non-Emergencies

Call 311

You can also report most non-emergency crimes online at: <https://www.anchoragepolice.com/file-a-police-report>

This form can be used to report crimes related to Disturbing the Peace - COVID-19 failure to quarantine, Drug Information, Fraud / Identity Theft, Harassment, Liquor Violation, Lost Property, Shoplifts (businesses only), Supplement to Burglary, Suspicious, Theft, Theft From Vehicle, Threats, Vandalism and Vehicle Tampering.

To report a car crash or other vehicle accident, use this online form: <https://www.anchoragopolice.com/report-a-crash>

Motor Vehicle Accidents

If there are injuries call 911
If no injuries call APD dispatch at 311
Move off the main road and wait for the officer.

If the damage to all vehicles is less than \$500, or for minor hit-and-run collisions when the suspect is gone from the scene, you can complete a Crash Reporting – Driver Self Reporting Form for insurance purposes. The form can be completed online or printed and mailed in.

Instructions and links are available at <https://dot.alaska.gov/stwdplng/hwysafety/driverreport>
/ You must mail your proof of insurance form to the address on the form within 15 days or your license will be suspended.

Identity Theft

Identity theft may be reported to a federal hotline: 1-877-438-4338 or [IdentityTheft.gov](https://www.identitytheft.gov)
What to do: guidance from [consumer.gov](https://www.consumer.gov)

Crisis Services

If you or a loved one is in need of immediate help or in the event of a life-threatening emergency, **dial 911**.

Always **dial 911** if there is threat of suicide or of violence or harm to self or others.

Always explain that the situation is a psychiatric emergency and request the **Mobile Crisis Team**.

The Mobile Crisis Team pairs a mental health clinician with a paramedic to respond specifically to behavioral health calls. They can assess the person in crisis, work to de-escalate or resolve the situation, help coordinate services, and more. The goal is to avoid unnecessary law enforcement involvement, emergency department use, or hospitalization.

If the Mobile Crisis Team is not available, request a **Crisis Intervention Team (CIT)** officer.

APD partners with [NAMI Anchorage](#) and other community organizations to train CIT officers in mental health. CIT officers use a specialized approach to deescalate mental health crises with empathy and respect.

24 Hour Crisis Hotline
Available 24/7/365

907-563-3200

Careline Alaska Support for People Contemplating Suicide or Experiencing other Mental Health Crisis

If someone is in immediate danger of suicide, call 911 or take the person to an emergency room. Do not leave the person alone. Remove any firearms, alcohol, drugs, or sharp objects that could be used in a suicide attempt.

Careline Alaska Call 1-877-266-4357
or text 4help to 839863 3-11 p.m. Tuesday-Saturday

Careline is Alaska's statewide 24/7 crisis line. They are a part of the National Suicide Prevention Lifeline. The line is open 24 hours a day, 7 days a week. It provides crisis intervention for people contemplating suicide, experiencing crisis, depression, and/or isolation, including people who are survivors of suicide attempts or have had loved ones affected by suicide or other mental health crisis. The texting line is open 3pm-11pm Tuesday-Sunday.

Crime Stoppers (Tip Line): If you have information about a crime that you did not report, you can share that information confidentially by calling Crime Stoppers at

907-561-STOP (7867)

or [Submit a Tip](#). If your tip helps lead to the arrest and indictment of a suspect, you may be eligible for a reward of up to \$1,000. **If the tip you have involves a life-threatening situation, call 911 instead.**

Fees for Police Protective Services: If APD responds to any residential property more than eight (8) times in one calendar year, the owner of the property will be required to pay the Municipality of Anchorage (MOA) \$500 for

each additional response. MOA will inform the property owner in writing when eight responses have occurred. (Anchorage Municipal Code Chapter 8.80) Calls for domestic violence are not included.

HOW TO GET INFORMATION ABOUT A PAST CRIME

The APD Records Section: 907-786-8900

<https://www.anchoragepolice.com/request-police-records> The APD Records section manages crime reports and records. Call the Records Section for updates on a case you reported or another past case. Depending on the type of the crime, information will be available at different times.

Burglary

If your case is considered a burglary, you may check the status 10 days after your report was made. Have your case number ready when you call. You can add information to your burglary online at:

<https://www.anchoragepolice.com/request-police-records>. A case is considered a burglary when a person enters or remains unlawfully in a building with intent to commit the crime of theft. A burglary case requires: (1) a suspect(s) who can be identified in court and (2) physical evidence, such as fingerprints, that can lead to the identification of a suspect.

If your property was stolen and APD finds it in a pawnshop, APD will contact you. If you find stolen property in a pawnshop, call 311 and ask to be

connected to the APD Burglary Sergeant so that APD can place a hold on the item(s).

Crimes Involving Human Death

To obtain a copy of a death certificate, contact the

[Alaska Vital Records Anchorage Office](#)

Monday - Friday, 8:00 am - 4:30 pm

3901 Old Seward Hwy, Ste. 101

Anchorage, Alaska 99503

907-269-0991

Note: Please mail requests to the Juneau Office.

[Alaska DEATH Certificate Request Form](#)

email [Records Processing Unit in Juneau](#)

Funeral homes can also obtain death certificates when they handle the burial or cremation of a person's remains. The state Medical Examiner will determine the cause of death after a crime and in many other situations, but the Medical Examiner's office does not provide death certificates.

[Alaska Medical Examiner Forms](#)

HOW TO GET PROPERTY BACK FROM APD

[APD Property & Evidence Section:](#)

907-786-8900

To recover property seized by the police, contact the APD Property & Evidence Section. Release of property is by appointment only.

APD Impounded Vehicles:

Municipal Attorney's Office – Civil Division/ Impounds:

Impounded Vehicle Release information for

DUI/INS/DWL/Scofflaw/ Soliciting Prostitution

Email: municipalattorney@muni.org

907-343-4575

Call during business hours (M-F, 8 am-5 pm)

Impound hours: 12:00 pm - 4:00 pm

APD Impounds Unit

<https://www.anchoragepolice.com/impounds>

Impounded vehicle information

Evidence/DUI/INS/DWL/Scofflaw/Soliciting Prostitution

907-786-8923

Email: APDImpounds@anchorageak.gov

If you leave a voicemail, please leave your name, number, and vehicle license plate number. In order to retrieve a vehicle, you must be the registered owner and have the following with you: a certificate of title to the vehicle, proof of insurance, some form of valid, state-issued ID, and cash or a money order.

APD Traffic Unit

Email: [APD Traffic Unit](#)

Junk Vehicle Release Information

907-786-8646

To report a junk vehicle

907-786-8830

TO VISIT A PERSON WHO HAS BEEN ARRESTED

Arrested adults are held at the Anchorage Correctional Complex, 1400 E. 4th Ave.

[For instructions on arranging a visit](#)

907-269-4100

ANCHORAGE CORRECTIONAL COMPLEX VISITATION

<https://doc.alaska.gov/institutions/anchorage>

Below is only a portion of the rules and regulations regarding visiting a person incarcerated within the Anchorage Correctional Complex. 907-269-4100

The Department of Corrections encourages prisoner visitation because strong family and community ties increase the likelihood of a prisoner's success after release. Visitation is subject only to the limitations in this policy and as necessary to protect persons and maintain order and security in the institution.

All visitors must be 18 years of age or older to visit. Minors under the age of 18 must be accompanied by a parent or legal guardian and the birth certificate/guardianship paperwork must be presented when signing up for visitation. All visitors are required to register and record their name, address, and relationship to the inmate. All visitors must have current identification each time you visit, regardless of age, (Driver's license, state ID, Passport, Military ID, Tribal ID are acceptable forms of Identification).

Inmates will be allowed no more than one (1) visiting session per day not to exceed one (1) hour, and are allowed up to but not exceeding three (3) visitors per visiting session. This includes children and clergy. This does not include Attorneys' or law enforcement

Visitors are limited to visiting one inmate in a 30 day period, unless approved through security. Exceptions to

this would be if you have more than one immediate family member in custody at the same time. In that situation you would have to visit them on different days.

Attorney visits may occur by appointment only any time between 8:00 am - 10:00 pm Please schedule 24-hours in advance: ancjl.housing@alaska.gov, 907.269.4205

Visitation Hours

All visitors need to arrive one (1) hour in advance with a valid ID, passport or travel card.

EAST BLDG. (Anchorage Jail)

and WEST BLDG. (West Building)

ACC-E & ACC-W visitation no longer requires an appointment. Visitation will be on a first come — first served basis.

Monday-Sunday:

9:00am, 10:00am, 1:00pm, 2:00pm, 7:15pm, 8:15pm

PLEASE NOTE: Thursday 1:00 pm and 2:00 pm only

Echo and Fox Mod visiting hours are Monday - Sunday, 7:00 am and 5:00 pm.

All visitors will go through a screening process before admission into visiting areas.

It is strongly urged that all visitors come to the facility with only a minimum amount of items. NOTHING is allowed into the visiting area with the exception of an ID card, one key (locker Key or Car Key), One (1) plastic baby

bottle, pacifier, receiving blanket, 1 diaper and wipes for infants.

Visitation by Minors

Minors under the age of 18 must be accompanied by a parent or legal guardian and the Birth certificate/Guardianship paperwork must be presented when signing up for visitation.

Visitation by a minor who is the child of the prisoner may not be restricted unless parental rights to reasonable visitation have been terminated or otherwise limited, pursuant to divorce or a child in need of aid or other court order.

A Minor who is a family member of a prisoner must be accompanied by an adult who is either an immediate family member or is approved by the superintendent. A Minor child that is not a family member must be accompanied by a parent or legal guardian.

Visitor Dress Code

Visitors must be properly dressed before checking in to visit an inmate. Any clothing or clothing articles that are considered inappropriate will not be permitted to be worn in the visitation area. Proper undergarments must be worn. Some clothing articles and accessories are prohibited. Wear clothing that is appropriate for a gathering of men, women, and young children. Wearing inappropriate clothing (such as provocative, transparent or revealing clothes) will result in your being denied visitation.

For a complete list of prohibited clothing and accessories
call 907-269-4100

Because many people are usually visiting, it is important visits are quiet, orderly, and dignified. Our aim at the Anchorage Correctional Complex is to provide a safe, secure and respectful environment for all prisoners, visitors and staff.

Violations of visiting privileges may result in disciplinary action against the inmate and appropriate administrative or legal actions against the visitor.

VISITING HILAND MOUNTAIN CORRECTIONAL CENTER

<https://doc.alaska.gov/institutions/visiting-hiland-mountain>

Below is only a portion of the rules and regulations regarding visiting a person incarcerated within the Hiland Mountain Correctional Center Complex.

9101 Hesterberg Road, Eagle River, Alaska 99577

907-694-9511

The HMCC Contact and Secure Visitation schedule below is effective April 1, 2022. There are six visiting stations in the contact visitation area for each visitation period. No more than three visitors per inmate at any one time.

Monday - Friday (Excluding State Holidays)

12:30 - 13:30, 14:30 - 15:30, 18:30 - 19:30,

19:30 - 20:30

Saturday - Sunday, and all State Holidays
12:30 - 13:30, 13:30 - 14:30, 14:30 - 15:30,
18:30 - 19:30, 19:30 - 20:30

WHAT IF THE VISITOR IS A MINOR (AGE 17 OR YOUNGER)? A copy of his or her birth certificate must be included with the visitor application.

WHAT ITEMS ARE ALLOWED INTO THE VISITING ROOM? Absolutely nothing. All keys, cell phones, gum, tobacco, jackets, just to name a few are not allowed into the facility. There are lockers to store your personal possessions. The lockers are very small.

WHAT ARE THE VISITING RULES? It is the prisoner's responsibility to conduct herself properly during visits, engage in appropriate behavior, and not violate the law or visiting regulations.

Any prisoner participating in contact or secured visiting will be required to wear approved clothing, to include: underwear, institutional issued clothing of appropriate size, shoes and socks. There will be no sweat clothes or jeans worn under the state clothing. No jewelry other than religious medallions and wedding band will be allowed to be worn by the prisoner in visiting.

Visitors will dress in accordance with the rules and regulations of visiting. All allowable clothing worn into the visiting room by visitors must remain on, to include shoes, sweaters, vests, etc. No cell phones, wallets, purses, car keys, chewing gum, candy or tobacco

products, to include lighters and / or matches are allowed into the visiting room. The visitor and prisoner will not exchange any item(s) during the visit. Physical contact will be limited to a brief embrace with your visitor(s) at the beginning and conclusion of the visit, to include children. "Petting" and / or other sexual activities are prohibited. An Officer may designate where the visitor and prisoner will be seated for the visit. All chairs must be spaced apart and may not be moved from their position.

WHAT HAPPENS WHEN I SHOW UP? You will need to produce a photo identification card and fill out the visiting application form. You will be pat searched for any contraband prior to the visit.

Violations of visiting privileges may result in disciplinary action against the inmate and appropriate administrative or legal actions against the visitor.

COMMUNITY RESOURCES

Included in this guide is a partial list of local, state and national resources.

MEDICAL AND HEALTH-RELATED RESOURCES

GENERAL HEALTH CARE

Hospitals

Note: No medical advice is given over the phone, in the event of an emergency call 911.

[Alaska Native Medical Center](#)

4315 Diplomacy Dr 907-563-2662

[Alaska Regional Hospital](#)

2801 DeBarr Rd 907-276-1131

[Elmendorf AFB Hospital](#)

5955 Zeamer Ave, JBER 907-580-2778

[Providence Hospital](#)

3200 Providence Drive 907-562-2211

[St. Elias Specialty Hospital](#)

(Extended inpatient acute care)

4800 Cordova St 907-561-3333

[Alaska Veterans Affairs Healthcare System](#)

1201 North Muldoon Rd 907-257-4700

[Anchorage Health Department Public Health Clinic](#)

825 L St, First Floor

907-343-4799

CLINIC HOURS: Monday, Tuesday, Thursday, Friday: 8am – 5pm Wednesday: 1pm – 5pm

Provides a variety of confidential services on a sliding fee scale, including STI testing and treatment, HIV testing, birth control, pregnancy testing, cancer screenings, and tuberculosis screening and treatment.

[Anchorage Neighborhood Health Center](#)

4951 Business Park Blvd

907-743-7200

Provides primary health care including pediatric care, internal medicine, dental services, lab services, x-rays, and mammograms. Sliding fee scale available for uninsured patients. 56 languages translated.

[Request an appointment](#)

[Providence Family Medicine Center](#)

1201 East 36th Ave

907-562-9229

Our clinic integrates primary care and behavioral health.

[Planned Parenthood](#)

4001 Lake Otis Pkwy, Suite 101

1-800-769-0045

Offers confidential health care services on a sliding scale, including primary health care, regardless of gender.

Specialty services include sex education, birth control (including the morning after pill), pregnancy testing, abortion services, sexually transmitted infection testing, and LGBTQ services.

Urgent Cares

Many urgent care clinics are located throughout

Anchorage and may provide non-emergency walk-in medical services at a lower cost than an emergency room. [Search “Anchorage Urgent Care” online](#) or call the Providence Nurse Line at 212-6183 to find a location near you.

[Vera Whole Health – Alaska Care Centers](#)

1450 North Muldoon Road 907-313-7550
582 East 36th Ave 907-302-4950
CLINIC HOURS: Monday – Thursday 8am – 7pm
Friday 6am – 5pm

SPECIFIC MEDICAL CONDITIONS

Alzheimer’s/Dementia:

[Alzheimer’s Resource of Alaska /
Care Coordination Resource of Alaska](#)

1750 Abbott Rd, Suite 100 907-561-3313
Provides care coordination, education, and support for people experiencing Alzheimer’s and related dementias, intellectual developmental disorders, and children with complex medical conditions, as well as their family and friends.

Cancer:

[American Cancer Society](#)

3851 Piper St, Suite 240 907-277-8610
Provides education on cancer prevention, guidance for patients receiving cancer treatment, and referral to support services for cancer patients and their families. Does not provide cancer treatment directly.

[Providence Cancer Center](#)

3851 Piper St, U Tower

907-212-6870

As Alaska's only full-service cancer center, we provide the most advanced diagnosis and treatment therapies, including clinical trials.

[Alaska Regional Cancer Care Center](#)

2741 DeBarr Rd, Suite 414

907-264-1431

At Alaska Regional, we offer chemotherapy, brachytherapy, radiation therapy, cancer pain management and outpatient infusion. Our surgical robot, the first in the state, treats prostate and gynecological cancers.

Dental Health:

University of Alaska Dental Hygiene Program

[Schedule an Appointment](#)

3500 Seawolf Dr, Allied Health Sciences Building,
Suite 131

907-786-4346

Offers low cost or free dental hygiene services.

HIV/AIDS:

[Alaskan AIDS Assistance Association \(Four A's\)](#)

1057 W. Fireweed Ln, Suite 102

907-263-2050

Provides services to individuals and families living with HIV/ AIDS as well as HIV testing and prevention information. Call for an appointment.

Nutrition for Infants/Children:

[Women, Infants and Children Program](#)

[Municipality of Anchorage WIC Clinic](#)

825 L St, Suite 204

907-343-4668

Alaska Native Medical Center
4320 Diplomacy Dr 907-343-4440

JBER Military Base:
9497 20th St, Arctic Oasis Building 907-343-4430

Eagle River WIC Clinic
12001 Business Blvd, Suite 137 907-343-1520
Provides free access to healthy foods, nutrition education, breastfeeding support, and referrals to other services for families who qualify. Call to confirm office hours.

HEALTH INSURANCE

Medicaid/Denali Care and Denali KidCare
[State of Alaska Division of Public Assistance](#)
3901 Old Seward Highway, Suite 131
hss.dpa.offices@alaska.gov 888-269-6520

Medicaid provides health insurance coverage for low-income Alaskans. The Division of Public Assistance determines eligibility for this program.

Affordable Care Act 1-800-318-2596
[Apply through the Federally Facilitated Marketplace](#)

Low income & Uninsured? [Anchorage Project Access](#)
2401 E. 42nd Avenue, Suite 104
info@AnchorageProjectAccess.org 907-743-6610

MEDICATION DISPOSAL

Properly disposing of medications when they are no longer needed helps prevent overdose or misuse of potentially-harmful drugs. It also helps prevent water pollution.

Drop Boxes

The following locations have drop boxes for unused medication, which they will dispose of properly:

- Alaska Native Medical Center Pharmacy
4315 Diplomacy Dr 1-855-482-4382
- Alaska Native Primary Care
4320 Diplomacy Dr 907-729-4955
- Anchorage Neighborhood Health Center
4951 Business Park Blvd 907-743-7200
- Carrs Pharmacies
- Credena Health Pharmacy
3300 Providence Dr, Ste 101 907-212-5090
- Providence Hospital
3200 Providence Dr 907-562-2211
- CVS South Anchorage (inside Target)
150 W 100th Ave 907 267-7501
- JBER Medical Service
5955 Zeamer Ave 907-580-2778

Disposal Bags

Medication disposal bags are plastic bags that contain special charcoal. When pills or liquid medication are placed in the bag along with water, the mixture

inactivates the medication and the entire bag and its contents can be thrown away in the trash. Disposal bags are available at the following locations:

Select pharmacies: Carrs, Providence Hospital, and Family Pharmacy (Eagle River)

- ANMC Pharmacy, 4315 Diplomacy Dr
- Anchorage Health Department, 825 L St
- Eagle River Library, 12001 Business Blvd
- Girdwood Library, 250 Egloff Dr
- Loussac Library, 3600 Denali St
- Muldoon Library, 1251 Muldoon Rd, Suite 158
- Volunteers of America, 509 W 3rd Ave, Suite 103

[AHD Medication Disposal Bag Request Form](#)

[State of Alaska, Office of Substance Misuse and Addiction Prevention – Project Hope Medication Disposal Bag Request Form](#)

[IKnowMine.org Free Medication Bag Order Form](#)

MENTAL HEALTH RESOURCES

MENTAL HEALTH EMERGENCY NUMBERS

Psychiatric Emergency Crisis Line	907-563-3200
Alaska Psychiatric Institute	907-269-7100
North Star Behavioral Health	907-258-7575

Chris Kyle Patriots Hospital 907-258-7575
(trauma and substance abuse needs of first responders,
military service members and veterans)

MENTAL HEALTH SERVICES

[Abused Women Aid in Crisis \(AWAIC\)](#)

100 W 13th Ave 907-279-9581
24 Hour Crisis Hotline 907-272-0100

Serves people of any gender who have experienced emotional, physical, and /or sexual abuse within their intimate or family relationships to include advocacy, case management, legal advocacy, and shelter services.

[AK Child & Family](#) (formerly Alaska Children's Services)

4600 Abbott Rd 907-346-2101

Serves youth experiencing emotional and behavioral issues through residential and community-based treatment.

[Transition Age Youth Services](#)

704 W 26th Ave, Youth Drop In Center

power@akbh.org 907-929-2633

Serves teens at a center and clinic that provide a safe space to hang out as well as mental health services, peer support, and case management.

[Alaska Seeds of Change](#)

volunteer@akseedsofchange.com 907-762-8660

We work with young people ages 16-24 to help them develop the vocational and personal skills needed to become successful adults.

[Alaska Youth & Family Network](#)

740 Communications Ave 907-770-4979

Serves children, youth, and families through youth support groups, parent support groups, and one-on-one family support services.

[Alaska Behavioral Health](#)

Adult Services 4020 Folker St 907-563-1000

Child and Family Services

4045 Lake Otis Parkway 907-561-0954

Intensive Case Mgmt 1432 Ingra St 907-562-7900

[Steven A. Cohen Military Family Clinic](#)

1450 Muldoon Rd #111

AnchorageCVN@akbh.org 907-762-8668

Serving children and adults who experience a wide range of mental health issues, with or without co-occurring substance use.

[Alaska Mental Health Consumer Web \(The Web\)](#)

1248 Gambell St 907-222-2980

Serves individuals who experience mental health issues and or addictions, who are oftentimes homeless, through a drop-in center, community activities, a community kitchen, an art room, job search computers, and housing resources as well as holiday activities and transportation to medical appointments. The Web is a sober environment and is consumer-driven.

[Alaska Native Justice Center \(CITC\)](#)

3600 San Jeronimo Dr. 907-793-3550

This program guides youth on overcoming challenges by connecting with Alaska Native/American Indian culture

and forming healthy relationships. ANJC is dedicated to work with our partners so youth and their families can learn about additional opportunities in the community. These services provided by ANJC are designed to improve educational and social outcomes and experiences.

[Alaska Veterans Affairs Healthcare System](#)

1201 N Muldoon Rd 907-257-4854

Serves veterans living in Alaska. Mental health services include treatment for post-traumatic stress, addictive behaviors, depression, relationship problems, stress, and more.

[Anchorage Vet Center](#)

4400 Business Park Blvd, Suite B-34 907-563-6966

Operated by the Veterans Administration to provide veterans with counseling and support services.

[The Arc of Anchorage](#)

2211 Arca Dr 907-277-6677

Serves children and adults with a mental illness or severe emotional disturbance in combination with a developmental disability through behavioral health services.

[Be There Certificate.org](#)

Learn to support someone struggling with their mental health through this online course. It is a simple, actionable framework that is teaching people how to recognize when someone might be struggling, understand their role in supporting that person, and learn how to connect them to the help they need and

deserve. Created by Jack.org in partnership with [Born This Way Foundation](#).

[Birchwood Behavioral Health](#)

1600 O'Malley Rd 907-349-2222

Serves all populations through counseling, case management, educational support services, and a residential program.

[Cornerstone Recovery Clinic](#)

1825 Academy Dr 907-339-8760

Serves all populations with evaluation and counseling (individual and group) for substance use disorders. Call for group session schedule.

[Counseling Solutions of Alaska](#)

701 E Tudor Rd, Anchorage 907-644-8044

11901 Business Blvd, Eagle River 907-689-3450

Serves children, teens, adults, and families through psychiatric evaluation and medication management, counseling, and wellness yoga.

[Covenant House](#)

755 A St 907-272-1255

Serving youth ages 13-24 with through access to mental health clinicians and referrals to community health services. Shelter services are available to youth ages 13-20.

[Demming Counseling Services](#)

2550 Denali St, Suite 1608 907-561-3171

Serves children, teens, adults, and families with cognitive

behavioral therapy, relationship counseling, and family therapy.

Denaa Yeets' Program (Southcentral Foundation)
4320 Diplomacy Dr 907-729-5260
Services Alaska Native and American Indian adults who are at risk for suicide, and their families, with specialized support, case management, and referral to behavioral health programs.

[Denali Family Services](#)

1251 Muldoon Rd, Suite 116 907-274-8281
Serves children who require intensive behavioral health care services and their families through individual, family, and group psychotherapy services in combination with intensive care coordination and rehabilitation services.

[Fireweed Clinic and ANPCC](#)

(Southcentral Foundation)
4341 Tudor Center Dr 907-729-2500
Serves Alaska Native and American Indian adults (age 18+) with crisis intervention, case management, psychiatric evaluation, and psychotherapy. Groups and specialized programs available.

[Grief Share](#)

This website lists peer support groups by zip code.

[Hospice of Anchorage](#)

2612 E Northern Lights Blvd 907-561-5322
Offers free bereavement classes/support groups structured around a selected self-help book.

Men & Women Center

600 Cordova St Ste 3

907-272-4822

Provide state-approved domestic violence intervention program and anger management classes.

[Money Management International](#)

417 Barrow St

1-866-889-9347

Serves all people in need of counseling to address economic or financial challenges. Offers 24/7 counseling over the phone and in-person counseling. Web site also provides information on money management and dealing with financial challenges.

[National Alliance on Mental Illness](#)

144 W 15th Ave

907-277-1300

Serves all individuals affected by mental illness through advocacy, education (classes), support, and public awareness.

[North Star Behavioral Health](#)

2350 DeBarr Rd

907-264-3506

Children, teens & adults who suffer from psychiatric or substance abuse issues. Also military-specific care to first responders, service members, veterans and dependents at the Chris Kyle Patriots Hospital.

[The Pathway Home](#) (Southcentral Foundation)

4000 San Ernesto Ave

907-729-5020

Serves Alaska Native adolescents (ages 13-18) through individualized mental health programs.

Providence Alaska Crisis Recovery Center

Crisis Line 907-563-3200

3760 Piper St 907-563-5006

Serves people 12 ages and older with a 24-hour, sub-acute, voluntary behavioral health facility.

Providence Behavioral Health Anchorage

3760 Piper St 907-212-6900

Serves all populations with outpatient mental health services such as individual and group therapy, testing, diagnostic interviews, and medication management.

Quyana Clubhouse (Southcentral Foundation)

4315 Diplomacy Dr 907-729-6550

Serves Alaska Native and American Indian adults (age 21+) with severe and persistent mental illness through counseling, case management, skill development, primary care services, and other support services.

Standing Together Against Rape (STAR)

Statewide Crisis Line 907-276-7273

Toll-free 1-800-478-8999

1057 W Fireweed Ln, Ste 230 907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

Southcentral Foundation Behavioral Health

4341 Tudor Center Dr 907-729-4955

Serves Alaska Native people through a variety of physical and behavioral health services, including special programs listed above.

Survivors of Suicide Support Group

907-272-3100

Serves adults who have lost a loved one to suicide. This phone number will connect you to the Police and Fire Chaplains Office.

U-Med Clinic (Providence Medical Group)

3260 Providence Dr, C Tower, Ste 522 907-212-2673

Serves all populations through outpatient individual and group therapy services, testing, diagnostic interviews, and medication management.

Victims for Justice

1057 W Fireweed Ln, Suite 101 907-278-0977

Serves victims of traumatic events and their families through grief and emotional support, support navigating the criminal justice process (such as going to court) and finding funds for emergency or advertising needs. Does not offer therapeutic counseling but can connect clients to those services.

Veterans & Military Crisis Line

1-808-273-8255 Press 1
TTY/TTD: 1-800-799-4889

Serves military members, veterans, their families, and friends through confidential support. You do not need to be registered with the VA or receiving VA health care to use this crisis line.

ALCOHOL AND OTHER SUBSTANCE RESOURCES

Recover Alaska

Free Resource Line 907-249-6647

We are here to help you navigate the path to recovery.

EMERGENCY ALCOHOL SERVICES

Anchorage Safety Patrol (ASP) and Anchorage Safety Center

907-343-4006

ASP vans and staff are dispatched to help persons who appear to be incapacitated by alcohol or drugs in a public place. The ASP van also patrols certain areas in search of persons who may need assistance.

Providence Psychiatric Emergency Department

Crisis line 907-563-3200

Provides assessment, crisis intervention, medical care, and referrals to persons in psychiatric and/or substance abuse crisis.

[Southcentral Detox](#) (formerly Ernie Turner Center Detox)
4330 Elmore Rd 907-729-6690
14-bed detox program open to all Alaska Native and non-Native residents ages 18 and older. 24- hour medical supervision, priority given to pregnant women, individuals injecting drugs, and customers with a confirmed treatment bed. Medication for Addiction Treatment (MAT) with step-down services. Payment: IHS, Medicaid, most health plans and insurance

NON-EMERGENCY SUBSTANCE USE-INTERVENTION AND RECOVERY RESOURCES

[Aeon Counseling](#)
4325 Laurel St 907-562-4606
Serves all age groups through outpatient and intensive outpatient treatment. Substance Abuse Programs, Mental Health, Family/Individual Counseling, Stop Smoking, Hypnotherapy, Couple Communication, ADIS Classes.

[Akeela, Inc](#)
360 W Benson Blvd, Ste 300 907-565-1200
Provides general and intensive outpatient services, a residential program for women with children, mental health, and substance use disorder assessment and referral to treatment, transitional housing for clients coming out of treatment programs, case management for families under OCS supervision, individual and group counseling, and rehabilitation.

Al-Anon

907-276-6646

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking.

Alaska Native Justice Center (CITC)

3600 San Jeronimo Dr.

907-793-3550

The ANJC Adult Reentry Program optimizes opportunities to eliminate barriers for men and women who are recently released from incarceration. Working in collaboration with the State of Alaska Department of Corrections, state and community-based reentry service providers and community stakeholders, this program helps to ensure each individual receives the necessary tools to successfully transition back to the community. Through the Adult Reentry Program, the ANJC guides participants in pro-actively addressing the barriers they may face during the transition from prison back into the community.

Alaska Regional NEST Program

2801 Debarr Rd

907-276-1131

24/7 Consult a Nurse Line

907-264-1722

Serves babies born with Neonatal Abstinence Syndrome and their families through medical management of baby's withdrawal symptoms, supportive detox, treatment, counseling, and family support services.

Alaska VA Healthcare System

1201 N Muldoon Rd

907-273-4011

Serves veterans through a range of services, including medication-assisted treatment for opioid use disorder.

[Alaska Wisdom Recovery](#)

401 W International Airport Rd 907-562-4540

Offers assessment, individual and group therapy, in-house 12- step meetings, and relapse prevention services.

[Alateen](#)

907-227-5742

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not.

[Aleutian Pribilof Islands Association](#)

[Behavioral Health](#)

1131 E International Airport Rd 907-222-9764

Offers an intensive outpatient program, psychological assessments, tele-behavioral health services, tobacco cessation counseling, nicotine replacement therapy, counseling, and education.

[Algone Clinic](#)

4001 Dale St, Suite 105 907-770-1152

Offers medication-assisted treatment for opioid use disorder and alcohol addiction and nicotine cessation.

[Alcohol Safety Action Program](#) (ASAP)

303 K St 907-264-0735

Provides substance use screening, case management and accountability for driving while intoxicated and other alcohol/ drug related misdemeanor cases.

[Alcoholics Anonymous \(AA\) Anchorage Area Intergroup Anchorage AA Meeting Schedule](#)

615 East Ave, Room #B8 907-272-2312
Offers 12-step recovery programs. Please note that the office is run by volunteers. If there are no volunteers on duty the office will be closed.

[Alyeska Counseling Group, LLC](#)

701 W 41st Ave, Suite 104 907-782-4553
Offers assessment, substance misuse counseling, and outpatient treatment for adults.

[Anchorage Comprehensive Treatment Center](#)

3230 C St, Ste 100 844-261-2953
Provides Methadone and Suboxone to individuals 18 and older who have had an opioid use disorder for one year or longer.

[Anchorage Women's Recovery Project \(AWRP\)](#)

4155 Tudor Centre Dr, Suite 205 907-729-5190
Serves women of all ages, ethnicities, and stages of recovery whose lives have been disrupted by alcoholism, drug addiction and co-occurring mental health disorders. Offers community-based, peer-driven and peer-led recovery and support.

[Breakthrough Substance Use Treatment Program](#)

3760 Piper St, Suite 1108 907-212-6970
Serves people age 18 and older through outpatient, intensive outpatient, partial hospitalization treatment for substance use disorder, medication-assisted treatment, a

pregnant mother program, family education, and a support program.

[Chanlyut](#) (Cook Inlet Tribal Council)

3600 San Jeronimo Drive 907-793-3600

The Chanlyut re-entry program is a three-month commitment for men who want to increase life-skills and maintain sobriety in their lives.

[CHOICES, Inc.](#)

1231 Gambell St, Suite 300 907-333-4343

Provides intensive case management and outpatient substance use disorder treatment services for individuals experiencing severe and persistent mental illness, co-occurring substance use disorder, and other behavioral health conditions.

[Chris Kyle Patriots Hospital](#)

North Star Behavioral Health

1650 Bragaw St 907-433-7326

Treatment for first responders, military service members and veterans 18 and older. Services include assessments, individual, family and group therapy, family support and education classes, detoxification.

[Clare Swan Outpatient](#) (Cook Inlet Tribal Council)

1835 Bragaw St, Suite 350 907-793-3206

Serves Alaska Native and American Indian people through outpatient and intensive outpatient services, screenings, counseling, case management, and support groups.

[Dena A Coy](#) (Southcentral Foundation)

4130 San Ernesto Ave 907-729-5070

Serves women experiencing problematic drug or alcohol use and emotional or psychological issues through a residential treatment program, including counseling, relapse prevention, and community recovery skills.

[Discovery Cove Recovery and Wellness Center](#)

11901 Business Blvd, Eagle River 907-694-5550

Offers outpatient and intensive outpatient treatment for substance use disorder, including medication assisted treatment.

[Ernie Turner Center](#) (Cook Inlet Tribal Council)

30881 Eklutna Lake Rd, Chugiak 907-688-1750

Prevention and treatment services include residential care, day treatment, outpatient care, elder residential care, continuing care, family strengthening project, counselor training/ consultation. Those who are experiencing mental health disorders and/or addictions who have been recommended for inpatient treatment, as well as those who are experiencing chronic homelessness may be eligible.

[Four Directions Outpatient](#) (Southcentral Foundation)

4000 Laurel St 907-729-6300

Offers substance misuse and dual diagnosis assessments, individual counseling, and group counseling for adults.

[Genesis Recovery, Inc.](#)

2825 W 42nd Ave 907-243-5130

Serves adults through assessments and referrals,

outpatient and residential treatment, substance misuse counseling, 24-hour monitored care, transitional living, and family treatment.

[House of Transformations](#)

500 East Tudor Rd. #200

907-333-2468

A private transitional facility that assist men and women with recovery, reentry and rehabilitation services.

[Ideal Option](#)

2421 E Tudor Rd, Suite 108

1-877 522-1275

Provides medication-assisted treatment in combination with behavioral health services for opioid use disorder and alcohol addiction, treatment for tobacco, methamphetamine, and marijuana addiction.

[Nar-Anon](#)

A 12-step program for family and friends of people with addiction. Many NarAnon groups now meet virtually, without a physical location. A list of registered virtual meetings is available on the Virtual Meetings page

[Narcotic Drug Treatment Center](#)

520 E 4th Ave

907-276-6430

Provides methadone-assisted treatment for opioid use disorder, medically monitored outpatient services for opioid use disorder, individual and group counseling, medical, educational, nutritional and referral services.

[Narcotics Anonymous](#)

907-277-5483

NA is a nonprofit fellowship or society of men and

women for whom drugs had become a major problem. The group meets regularly to help each other stay clean. We are not interested in what or how much you used but only in what you want to do about your problem and how we can help. Call or check the website for updated meeting information. In-person and Zoom meetings are listed on website, or email webservant@akna.org

[New Life Development](#)

3916 E 9th Avenue

907-646-2200

Provides resettlement services to marginalized and disadvantaged individuals seeking to change from a life of dependence to independence by offering the support services needed to make that transition successful.

[Tutan Recovery Services](#)

3001 Porcupine Dr

907-563-0555

Serves adults and youth through a faith-based substance misuse treatment program including assessments, education, outpatient, and intensive outpatient services.

[Volunteers of America Alaska](#)

509 W 3rd Ave, Suite 103

907-279-9640

Serves youth ages 12-18 through assessments, inpatient, and outpatient treatment services. Age affects eligibility for some services.

NARCAN

[NARCAN](#) (“save shot”) is available through the following agencies:

[Alaska Office of Substance Misuse and Addiction](#)
[Prevention Project HOPE](#) ProjectHOPE@alaska.gov

[Alaskan AIDS Assistance Association](#) (Four A's)
1057 W Fireweed Ln 907-263-2050

Alaska Regional Hospital
2801 Debarr Rd 907-276-1131

[Anchorage Health Department](#)
825 L St 907-343-4799

Providence Hospital
3200 Providence Dr 907-212-3111

The medication Naloxone may reverse an opioid/heroin overdose. Get it from your doctor or pharmacy. Or, get it free of charge from any organization offering Project HOPE kits. Go to getnarcans.dhss.alaska.gov for a list of statewide providers.

Learn more at [OPIOIDS IN ALASKA](#)

NEEDLE SERVICES

[Alaskan AIDS Assistance Association](#) (Four A's)
1057 W Fireweed Ln 907-263-2050

Syringe Access Program is a safe, legal, non-judgmental place to collect free injection supplies confidentially. A mobile exchange operates most weekdays at different locations, check the web site or call for details.

HOMELESS/HOUSELESS AND NEAR HOMELESS/HOUSELESS RESOURCES

[Anchorage Coalition to End Homelessness](#)

3427 E Tudor Road, Suite A

907-312-8651

907-312-9478

ACEH is an organization of professionals working under the leadership of a dedicated board to make homelessness in Anchorage rare, brief, and one time. Contact any of housing access points to be connected with case managers: <https://aceh.org/our-work/coordinated-entry>



[Anchorage Gospel Rescue Mission](#)

2823 Tudor Rd

907-563-5603

Provides a shelter for single men and women, a faith-based recovery program for men, and 6-month shelter accommodation for women returning to the workforce or transitioning to permanent housing.

[Abused Women Aid in Crisis](#) (AWAIC)

24 Hour Crisis Hotline

907-272-0100

100 W 13th Ave

907-279-9581

Supports people of any gender who have experienced

emotional, physical, and/or sexual abuse within their intimate or family relationships. Operates a shelter for women and children and men.

[Akeela Transitional Housing](#)

360 West Benson, Suite 300 907-565-1200

Serves drug- and alcohol-free clients coming out of Akeela treatment programs through housing and case-manager support.

[Brother Francis Shelter](#) (Catholic Social Services)

1021 E. 3rd Ave 907-277-1731

A voluntary emergency shelter for homeless men and women, 18 years of age and older, with a capacity for 62 guests, specializing in guests with mobility challenges.

[Clare House](#) (Catholic Social Services)

4110 Spenard Rd 907-563-4545

Serves women with children and pregnant women over the age of 18 through a temporary, emergency 24-hour shelter and meals.

Connect: Housing (Anchorage Public Library)

Mountain View Library : Community Room

120 Bragaw St 907-343-2818

Coordinated Entry Assessments, Landlord/Tenant Legal Resources, Assisted Living & Group Home Resources, AHFC Rental Relief Navigation Assistance

[Covenant House Alaska](#)

755 A St 907-272-1255

Serves homeless, runaway and at-risk youth ages 13 to

24. Shelter services are available for youth ages 13 to 20. Provides a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year.

[Dena'ina House](#) Rights of Passage

(Cook Inlet Tribal Council and Covenant House Alaska)

750 W 5th Ave

907-272-1255

Transitional housing for homeless youth ages 18-22.

[Downtown Soup Kitchen Hope Center](#)

240 E. 3rd Ave

907-277-4302

Provides an overnight shelter for women and dinner (served in the early evening) to all adults.

[Genesis Recovery Services, Inc.](#)

2825 W 42nd Ave

1-877-352-1126

Serves individuals experiencing substance use disorder, dual diagnosis, lack of safe housing, and family dysfunction through sober living and transitional housing.

[Karluk Manor](#) (RurAL CAP)

1104 E 5th Ave

907-375-3272

Serves individuals experiencing homelessness and chronic alcoholism who are beneficiaries of the Alaska Mental Health Trust Authority by providing permanent supportive housing. Sobriety is not required.

[Lutheran Social Services of Alaska](#)

1303 W 33rd St

907-272-0643

Serves single men aged 18 and older experiencing homelessness. Clients must be enrolled and participating

in an approved re-entry or substance misuse program and capable of maintaining full time employment.

[McKinnell House](#) (Salvation Army)

1712 A St 907-276-1609

Serves eligible homeless families with children through a temporary emergency shelter (up to 30-day stay).

[New Life Development](#)

3916 E 9th Avenue 907-646-2200

Transitional housing and re-entry services for individuals returning from incarceration, inpatient treatment for substance misuse, or who have been victims of domestic violence or other violent crimes.

[Oxford House](#)

Denali: 6414 Tolhurst Ct 907-677-0408

Northern Lights: 538 Klewin St 907-433-0099

Yukon: 2721 Juneau St 907-222-0339

Sober living facilities for men age 18 and over who have been sober for six months and are fully employed.

[Passage House](#) (Covenant House)

755 A St 907-333-2023

Transitional housing for women ages 17-21 who are pregnant or parenting.

[Safe Harbor](#) (RurAL CAP)

207 Muldoon Rd 907-644-8525

Serves homeless families with children through transitional housing, with the goal of moving them to permanent housing within six months of entry.

[The Pathway Home](#) (Southcentral Foundation)

4501 Diplomacy Dr 907-729-5020

Supportive housing for youth ages 13-18 in need of mental and behavioral health care.

[Supportive Services for Veteran Families](#)

(Catholic Social Services)

3710 E 20th Ave 907-222-7331

Veteran housing for veterans or members of a veteran household in which the head of household is a veteran, income is below 50% of the area median income, and the individual is homeless or expecting to become homeless.

[Transitional Living & Housing](#) (RurAL CAP)

325 East Third Ave 907-865-7500

Serves individuals experiencing homelessness and mental and physical disabilities through permanent supportive housing.

[Willa's Way](#) (Southcentral Foundation)

4501 Diplomacy Dr 907-729-8577

Serves Alaska Native and American Indian women and children survivors of domestic violence through a shelter and other services.

FOOD & NUTRITION RESOURCES

FOOD PANTRIES

Food pantries are subject to change. Call 211 or visit <https://foodbankofalaska.org/help/> for the most up-to-date information on food pantries for which you may qualify.

Parents & caregivers can text the word “FOOD” (or “COMIDA”) to 304-304 to find the nearest sites, or you can visit NoKidHungry.org/Help or NoKidHungry.org/Ayuda.

[FoodBank of Alaska Anchorage Food Distribution Calendar](#)

[FoodBank of Alaska Anchorage Mobile Food Pantry Schedule](#)

[Find a Free Food Pantry Today in Anchorage](#)
<https://anchoragefood.org/>

[St. Francis House Food Pantry](#)
(Catholic Social Services)

3710 E. 20th Ave.

907-222-7323

Open 9:00 a.m. – 1:00 p.m. on Mondays – Thursdays and 4:00 – 5:30 p.m. on the 4th Wednesday of the month.

Closed on Fridays. Distributes vouchers for the Senior Farmers’ Market Nutrition Program and items for the Summer Food Service Program that serves children 18 years of age and younger.

HOT MEALS

- Anchorage Gospel Rescue Mission
daily - 4pm-6pm
- Church of the Nations
Sunday 3pm-4:30pm
- Downtown Hope Center
Monday-Friday 12pm-1:30pm

CHILDREN'S LUNCHBOX

- Fairview Rec Center - back of building
M, W, F 4pm-4:45pm
- Lighthouse Fellowship & Spenard Rec Center
M, W, F 3pm-3:45pm
- Loussac Place (NOT Loussac Library)
M, W, F 3pm-4:15pm
- Penland Park, 3240 Penland Pkwy #1
Thurs 2pm-4pm
- Trailside Heights Apt Homes - 2773 Trailside Lp Fridays
3pm-3:30pm

NUTRITIONAL PROGRAMS

Nutritional programs support access to money for food (SNAP/ food stamps, etc.) and/or advice on finding affordable healthy food.

State of Alaska Division of Public Assistance

[Supplemental Nutrition Assistance Program](#) (SNAP)

Apply for SNAP (food stamps) and other assistance programs including TANF, daycare assistance, emergency utility assistance and Medicaid.

Virtual Contact Center (VCC) 800-478-7778
email hss.dpa.offices@alaska.gov

WIC Program (*Anchorage Health Department*)

825 L St, Suite 204 907-343-4668

Alaska Native Medical Center

4320 Diplomacy Dr 907-343-4440

JBER Military Base

9497 20th St, Arctic Oasis Building 907-343- 4430

Eagle River

12001 Business Blvd, Suite 137 907-343-1520

EMPLOYMENT RESOURCES

JOB SEARCH SUPPORT

Access Alaska

1217 E 10th Ave 907-248-4777

Independent living skills training and acquired traumatic brain injury case management. Individuals with any type of physical or mental impairment that significantly impacts their ability to live independently in the home and community are eligible for services. Information and referral services are available to anyone.

Alaska Center for the Blind

3903 Taft Dr 907-248-7770

Vocational services and worksite evaluations, orientation and mobility training, assistive technology training, manual skills, the Bright Path Program for youth ages 15-22. Alaskans who are blind or visually impaired are eligible for services and training.

[Alaska Commission on Postsecondary Education](#)

Dimond Mall, 800 E Dimond Blvd 800-441-2962

Education planning tools and resources, financial aid for college and career training, one-on-one coaching and group workshops with a college and career specialist. The Success Center in the Dimond Mall is open for walk-ins Monday-Thursday 12:00-4:30pm.

[Alaska Job Center Network](#)

Midtown: 3301 Eagle St Suite 101 907-269-4800

Muldoon: 1251 Muldoon Rd 907-269-0000

Workshops on employment after incarceration, interviewing strategies, resume writing, federal applications, and computer skills.

[Alaska Works Partnership](#)

161 Klevin St 907-569-4711

Training in construction job skills, including trainings for women and transitioning active-duty military members.

[Alaska's People Career Development Center](#) (CITC)

3600 San Jeronimo Drive 907-793-3467

Walk-in resource center for Alaska Native and American Indian people seeking job search assistance and employment or training opportunities.

Department of Labor and Workforce Development

<https://alaskajobs.alaska.gov/> 907-269-4700

State of Alaska website to apply for unemployment, search jobs in all Alaska regions, get resume help, and additional information.

Assets, Inc.

2330 Nichols St 907-279-6617
Supported living services and employment for adults with disabilities.

Cook Inlet Tribal Council Career Development Center

3600 San Jeronimo Dr 907-793-3378
Walk-in resource center for Alaska Native people seeking employment or training opportunities. Job search assistance, career assessment, workshops, computers with internet access. Open Monday-Friday 8:00am-5:00pm.

Covenant House

755 A St 907-272-1255
Services for youth ages 16-24 include career counseling, vocational referrals, internship opportunities, transportation assistance, job search and education workshops, resume and cover letter building, professional clothing provision, employment and college referrals, life skills training.

State of Alaska Division of Vocational Rehabilitation(DVR)

4600 Debarr Rd, Suite 300 907-269-2060
Toll Free V/tdD 800-478-4467

1016 W. 6th, Suite 403 907-269-3580
Toll Free V/tdD 888-330-6468

11723 Old Glenn Hwy, Suite 115, Eagle River 907-622-2020

DVR serves Alaskans living with a disability that specifically prevented them from obtaining or

maintaining employment. Offers retraining, treatment, and case management services.

[Job Lab at Anchorage Public Libraries](#)

Z.J. Loussac Public Library

3600 Denali St

907-343-2975

907-644 9600 ext 1003

Job Lab will now take place via Facebook Live and 1-on-1 appointments on Zoom thanks to our community partner [YWCA Alaska](#). To schedule a 1-on-1 appointment send an email to ywcaoffice@ywcaak.org with "job lab" in the subject line and someone will follow up with you.

For help with job search and application assistance, resume writing and printing, interview practice, homework and testing help, financial aid planning, help finding job/skills training, assistance filing for unemployment, resources for employment after incarceration, for immigrants and refugees, seniors, and youth.

[Nine Star](#)

730 I St

907-279-7827

Education & Employment Services

125 W 5th Ave

907-644-8259

Job search assistance, GED and high school completion, skills training, WorkKeys assistance, case management, professional development and English as a second language education.

JOB/SKILLS TRAINING RESOURCES

[Adult Learning Center](#)

912 E 15th Ave, Suite 102 907-375-6000

High school diploma courses, exam tutoring, computer training, English as a second language classes, naturalization classes, Spanish classes, and parenting courses.

[Alaska Works Partnership](#)

161 Klevin St 907-569-4711

Training in construction job skills, including trainings for women and transitioning active-duty military members.

[Anchorage Literacy Program](#)

1345 Rudakof Cir, Suite 104 907-337-1981

Literacy classes for adults and families with young children.

[Partners for Progress](#)

417 Barrow St 907-272-1192

Serves recently incarcerated people through support groups, life skills training, goal setting, mentoring, job readiness training, budgeting and money management classes. Also provides transitional housing and counseling.

[Southcentral Foundation RAISE Program](#)

4175 Tudor Center Dr, Suite 108 907-729-5015

Summer, winter and graduate program sessions in health-related careers and workplace skills development for Alaska Native and American Indian.

LEGAL AND COURT RESOURCES

[Abused Women's Aid in Crisis](#) (AWAIC)

24 Hour Crisis Hotline 907-272-0100

100 W 13th Ave 907-279-9581

Provides civil legal advocacy support to people of any gender who have experienced emotional, physical, and/or sexual abuse within their intimate or family relationships. For example, offers help getting a protective order and referrals to lawyers for divorce or child custody matters. Also provides shelter services.

[Alaska Bar Association Lawyer Referral Service](#)

907-272-0352

Suggests a local private attorney based on your needs. Calling the telephone number above is free but you will not get legal advice on that call. Once you are referred to an attorney, that lawyer will charge up to \$125 for the first half hour of consultation (rate current as of June 2019, subject to change) and can charge a higher rate going forward.

[Alaska Legal Services Corporation](#)

1016 W. 6th Ave, Suite 200 907-272-9431

Serves low-income people dealing with a range of civil legal matters, such as entitlement/health benefits, family law (divorce, custody, domestic violence), housing, rights of the elderly, and Alaska Native rights cases.

[Alaska Native Justice Center](#) (CITC)

3600 San Jeronimo Dr.

907-793-3550

The ANJC Advocates offer culturally sensitive services for victims of domestic violence, sexual assault, human trafficking, stalking, dating violence and victims of crime. Legal representation may be available to eligible participants who are victims of domestic violence, sexual assault, human trafficking, stalking and dating violence. Advocates are available to provide assistance to those who require help in navigating the legal justice system.

ANJC legal staff offers Monthly Divorce and Custody Pro Se (I will do it myself) Legal Clinics are offered to those individuals interested in representing themselves in family law matters and need assistance to fill out court documents, forms and answer questions.

[Alaska Network on Domestic Violence and Sexual Assault](#)

907-586-3650

An umbrella network addressing social change around violence and oppression. Please note: ANDVSA does not provide direct counseling or crisis services.

If you are in need of immediate emergency assistance, please call 911.

[Alaska Institute for Justice](#)

(Formerly Alaska Immigration Justice Project)

431 W. 7th Ave, Suite 208

907-279-2457

Provides low-cost legal services for all immigration applications, including citizenship, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

Alaska Office of Victim's Rights

1007 West 3rd Avenue, Ste 205 907-754-3460

An agency of the Alaska Legislature that provides free legal services to victims of crime to help them obtain the rights they are guaranteed under the Alaska constitution and statutes with regard to their contacts with police, prosecutors, judges, and other criminal justice agencies in this state, and to advance and protect those victim rights in court when necessary and authorized by law.

Boney Courthouse

303 K St 907-264-0547

Nesbett Courthouse

825 W 4th Ave 907-264-0514

Location of hearings and to obtain records for cases of appeals, criminal law, domestic violence, family law, guardianship, housing issues, marriage information, probate estates, small claims, and traffic or other minor offenses.

Alaska Courts Domestic Violence Office 907-264-0616

Monday-Friday - 8:00 am – 8:00 pm

Saturday and Sunday - noon to 8:00 pm

Catholic Social Services

3710 E. 20th Ave 907-222-7300

Cash assistance, medical coverage, and case management services for eligible individuals. Basic services are provided at a nominal fee: assistance with work permits, green cards and naturalizations. Consultations provided.

[Disability Law Center](#)

3330 Arctic Blvd, Suite 103

907-565-1002

Serves people with disabilities through support to legal issues related to their disability.

State of Alaska [Office of Elder Fraud & Assistance](#)

900 W. 5th Ave., Suite 525

907-334-5954

Coordinates services that help elders who have been financially defrauded or exploited.

State of Alaska [Victim Witness Program](#)

907-269-6300

District Attorney's Office Statewide

1-800-770-8622

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/ accommodations for out-of-town witnesses.

[Victim Information and Notification Everyday](#) (VINE)

1-800-247-9763

[Alaska VINE Service](#) An automated system that provides information on where inmates are held, when they are scheduled for release, and other status updates.

[Protective Orders](#) go to page 121

HATE CRIME & DISCRIMINATION RESOURCES

Alaska State [Commission for Human Rights](#)

800 A St, Suite 204

907-274-4692

TTY/TDD

907-276-3177

Toll-Free Complaint Hot Line

1-800-478-4692

TTY/ TDD

1-800-478-3177

The Alaska State Commission for Human Rights enforces the Alaska Human Rights Law (AHRL) ([AS 18.80](#)).

[American Civil Liberties Union of Alaska](#)

1057 W Fireweed Ln, Suite 207

907-258-0044

Advocates against discrimination in many forms. Provides legal information, legal representation in some cases, and education on equal rights and civil liberties.

[Anchorage Equal Rights Commission](#)

632 W 6th Ave, Suite 110

907-343-4342

Investigates complaints of discrimination, educates the community about the laws prohibiting discrimination, and provides referral services. Translators are available free of charge. AERC's online [Intake Questionnaire](#).

Municipality of Anchorage [Office of Equity & Justice](#)

907-782-8828

The office of Equity and Justice (OEJ) develops, supports, and implements policies and practices that improve diversity, equity, and inclusion in our Municipal government, thereby increasing the overall wellbeing and success of all Anchorage residents.

[Municipal Ombudsman](#)

632 W 6th Ave, Suite 160

907-343-4461

An independent, impartial municipal office that investigates Municipal agencies and the Anchorage School District after someone makes a complaint. Recommends changes to improve operations and equity in the future.

[U.S. Department of Justice](http://www.justice.gov/)

[Get Help Now](#)

<http://www.justice.gov/>

Monitors hate crimes and racial tension on the federal level, and assists State and local officials.

DISABILITY RESOURCES AND SUPPORT SERVICES

[Access Alaska](#)

1217 E 10th Ave

907-248-4777

Serves people with disabilities and Alaskan elders through access to information and resources, advocacy, personal care access, equipment, secure funding, and training.

[Alaska Behavioral Health](#)

Adult Services 4020 Folker St

907-563-1000

Child and Family Services

4045 Lake Otis Parkway

907-561-0954

Intensive Case Mgmt 1432 Ingra St

907-562-7900

[Steven A. Cohen Military Family Clinic](#)

1450 Muldoon Rd #111

AnchorageCVN@akbh.org

907-762-8668

Serving children and adults who experience a wide range of mental health issues, with or without co-occurring substance use.

[Alaska Center for the Blind and Visually Impaired](#)

3903 Taft Dr

907-248-7770

Serves eligible Alaskans who are blind or visually impaired through vocational services and worksite evaluations, orientation and mobility training, assistive technology training, manual skills, and a youth program.

[Aging and Disability Resource Center](#)

825 L St, Suite 200

907-343-7770

Free information referrals to support seniors and people with disabilities.

[Alaska Brain Injury Network](#)

121 West Fireweed Ln, Suite 175

907-274-2824

Provides advocacy, information, support, and trainings related to brain injury.

[Alaska Psychological Services](#)

741 Sesame St, Suite 1A

907-334-1000

Provides neuropsychological testing services for children ages 3 and up and adults with complex symptoms.

[Alliance Behavioral Medicine](#)

4048 Laurel St, Suite 101

907-562-0001

Provides outpatient psychiatric care for children, adolescents, and adults including psychiatric consultation, psychiatric evaluation, continuing care with ongoing pharmacologic management, individual, and group psychotherapy.

[The Arc of Anchorage](#)

2211 Arca Dr

907-277-6677

Serves children and adults who experience developmental disabilities or mental health issues through employment support, recreation, social activities, skill-building, community living, and nursing services.

[Assets, Inc.](#)

2330 Nichols St

907-279-6617

Provides independent-living, job-search, and social support to Alaskans with disabilities.

[Cindy and Vic's R&R, Inc.](#)

3401 E 42nd Ave, Suite 101

907-230-3618

Provides person-directed services for adults with developmental disabilities through day and residential programming and respite care.

[Denali Family Services](#)

1251 Muldoon Rd, Suite 116

907-274-8281

Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services.

[Disability Law Center of Alaska](#)

13330 Arctic Blvd, Suite 103

907-565-1002

Provides legal advocacy services to people with disabilities in Alaska.

[Easterseals Alaska](#)

670 W Fireweed Ln, Suite 105 907-277-7325

Serves children and adults living with disabilities and their families through programs including home services, respite care, job-search support, chore services, and more.

[Hope Community Resources Inc.](#)

540 W International Airport Rd 907-561-5335

Provides community support to individuals and families who experience intellectual and developmental disabilities, traumatic brain injury, and mental health challenges.

[Stone Soup Group](#)

307 E Northern Lights Blvd #100 907-561-3701

Serves Alaskan families and professionals who care for children and youth with special needs, up to age 26 through programs including training, mini-grants, school support, and connections to other families.

IMMIGRANT AND REFUGEE RESOURCES

The Department of Homeland Security will not be contacted if you seek police protection, medical care or social service assistance in response to domestic violence. Your immigration status is irrelevant to your safety and protection.

[Alaska Institute for Justice](#)

431 W 7th Ave, Suite 208

907-279-2457

Provides immigration legal services as well as language interpretation and translation services.

[Catholic Social Services Refugee Assistance & Immigration Services](#) (RAIS)

3710 E 20th Ave

907-222-7341

Provides a bridge for refugees (individuals who have had to flee their countries of origin due to persecution or war) from their former life experiences to the new skills required for success in the United States.

[United States Customs and Immigration Services](#) (USCIS)

620 E 10th Ave, Suite 102

1-800-375-5283

Official office for US immigration activities. By appointment only.

2SLGBTQIA+ RESOURCES

[Choosing Our Roots](#)

907-764-6233

Assists queer youth and young adults, ages 13 to 24, by building supportive, long-term relationships with volunteer Host Home families and community members.

[Covenant House Alaska](#)

755 A St

907-272-1255

Serves homeless, runaway and at-risk youth ages 13 to 24. Shelter services are available for youth ages 13 to 20. Provides a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year.

[Identity Inc.](#)

307 E. Northern Lights Blvd, Ste 101 907-865-3247

Provides primary and mental health care, telemedicine, and support groups to all patients regardless of their sexual orientation, gender identity, religion, family makeup, or any other diverse experiences or identities. Services include support for updating ID documents, support for youth, parents/ families of 2SLGBTQIA+ people, and programming for senior citizens.

[National Runaway Safeline](#)

1-800-786-2929

Serves as the national communication system for runaway and homeless youth.

[NorthStar Behavioral Health](#)

Toll-Free In-State

1-800-478-7575

2530 DeBarr Road

907-258-7575

Serves people of all ages through mental health and substance misuse services.

[Parents, Families and Friends of Lesbians and Gays](#)

(PFLAG)

907-566-1813

Support to people who have loved ones who are LGBTQ.

[POWER Drop-in Center](#)

704 W 26th Ave

907-929-2633

A peer-run youth drop-in center for youth ages 13-23. Provides a safe space to hang out, food, a clothing closet, board games and video games, computers, access to condoms, mental health services, case management, and help making plans for safety. Adult staff are available.

[Trans Lifeline](#)

1-877-565-8860

Trained peer-support helpline operated by and for transgender and questioning people. Services are available from 6:00 am to midnight and often additional hours. Micro-grants for things like ID document changes may be available.

[Trevor LGBT](#) Youth Crisis Line

1-866-422-7386

Text START to 678678

Free 24/7

crisis support to LGBTQ people under age 25.

CRIME VICTIM SUPPORT RIGHTS & RESOURCES

VICTIM AND VIOLENCE SURVIVORS' ADVOCACY SERVICES

Advocacy services help crime victims as they interact with municipal, state, and/or federal agencies.

Alaska Domestic Violence Restraining Order Application Wizard akcipowizard.truefiling.com A web site that helps users figure out which type of restraining order to use in a specific situation. Includes fillable forms.

[Municipal Ombudsman](#)

632 W 6th Ave, Suite 160

907-343-4461

An independent, impartial municipal office that investigates Municipal agencies and the Anchorage School District after someone makes a complaint.

Recommends changes to improve operations and equity in the future.

[Alaska Native Justice Center](#) (CITC)

3600 San Jeronimo Dr.

907-793-3550

The Alaska Native Justice Center's (ANJC) Family Law Advocates offer culturally sensitive services for Survivors of domestic violence, sexual assault, human trafficking, stalking, dating violence and victims of crime.

Advocates assist with:

- Case Management
- Protective orders
- Divorce and/or Child Custody packet assistance
- Court accompaniment
- Safety planning
- Life skills and support participants navigating through systems

[Alaska Office of Victim's Rights](#)

1007 West 3rd Avenue, Ste 205

907-754-3460

An agency of the Alaska Legislature that provides free legal services to victims of crime to help them obtain the rights they are guaranteed under the Alaska constitution and statutes with regard to their contacts with police, prosecutors, judges, and other criminal justice agencies in this state, as well as to advance and protect those victim rights in court when necessary and authorized by law.

State of Alaska [Victim Witness Program](#)

907-269-6300

District Attorney's Office Statewide 1-800-770-8622

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/ accommodations for out-of-town witnesses. Referrals to agencies for crisis intervention, shelter, legal, medical, social and mental health needs. Web page resources available in English, Spanish, Tagalog, Korean, Russian, and Yup'ik.

U.S. Attorney's Office, District of Alaska

[Victim-Witness Information & Assistance](#)

222 W. 7th Ave, Room 253, #9

907-271-3041

This office handles only federal crimes. Federal crimes in which assistance may be provided include bank and postal robberies, child pornography, fraud and financial crimes (such as identity theft, telemarketing and investment fraud), hate crimes, or other crimes (such as homicide, sexual assaults, or child abuse) that occur on federal property.

[Violent Crimes Compensation Board](#) (VCCB)

Toll-free Statewide

1-800-764-3040

550 W 7th Ave, Ste 290

907-465-3040

Can provide financial support to innocent victims of violent crimes in Alaska. Applications are available from the VCCB website, the Anchorage Police Department, State Troopers, District Attorney's Office, or local hospitals.

[Victim Information and Notification Everyday \(VINE\)](#)

1-800-247-9763

[Alaska VINE Service](#) An automated system that provides information on where inmates are held, when they are scheduled for release, and other status updates.

VICTIM/SURVIVOR EMOTIONAL SUPPORT RESOURCES

If you have been the victim of a crime, you may experience the following reactions:

- Fear the criminal will return or the same thing will happen again;
- Shock, numbness, or disbelief that it happened to you;
- Stress and anxiety about what to do next, and how to heal;
- Loss of sleep, appetite or other physical problems;
- Difficulty trusting others or feeling secure; and/or
- Anger.

Sources for support come in different forms. Help can be formal, such as from counselors, or informal, like talking with a police chaplain or member of the faith community. It is okay to ask for help from different people and places at different times.

[Alaska Police & Fire Chaplains Ministry](#)

2221 E N. Lights Blvd, Ste 137

907-272-3100

Provides crisis intervention services and emergency mental health services to individuals involved in traumatic events, primarily survivors and rescuers.

Abused Women Aid in Crisis (AWAIC)

24 Hour Crisis Hotline 907-272-0100
100 W 13th Ave 907-279-9581

Serves people of any gender who have experienced emotional, physical, and /or sexual abuse within their intimate or family relationships to include advocacy, case management, legal advocacy, and shelter services.

Standing Together Against Rape (STAR)

Statewide Crisis Line 907-276-7273
Toll-free 1-800-478-8999
1057 W Fireweed Ln, Ste 230 907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

Victims for Justice

Toll-Free in-State 1-888-835-1213
1057 W. Fireweed Ln, Suite 101 907-278-0977

Serves victims of violent crime and family members of homicide victims through crisis intervention, financial assistance, grief support, referrals, court accompaniment, and advocacy. All services are free of charge.

MILITARY AND VETERAN RESOURCES

National Suicide Prevention Lifeline

800-273-TALK (8255)

Joint Base Elmendorf-Richardson (JBER)

Consolidated Military Information/Operators:

JBER-E 907-552-1110

JBER-R 907-384-1110

DSN 317 552-1110

or 317-384-1110

JBER is the combined bases of the U.S. Air Force's Elmendorf Air Force Base (JBER-E) and U.S. Army Post Ft. Richardson (JBER-R).

JBER Connect Resources

Military and Family Readiness Centers

JBER-E: 8535 Wewak Dr 907-552-4943

JBER-R: 600 Richardson Dr: A-139 907-384-1517

Helps individuals and families adapt to military life and relocation. Provides family and marital counseling, the Exceptional Family Member Program, state-of-the-art resource center; education/skill development, and more.

JBER Sexual Assault Prevention and Response Office

JBER-E 907-551-2020

907-551-2033

907-551-2035

24/7 SAPRO Crisis Line 907-384-7272

JBER-R: SHARP Program Manager 907-384-1945

24/7 SHARP Hotline 907-384-7272

Victim advocates provide essential support, liaison services, and care to sexual assault victims.

JBER Behavioral Health and Medical Services

JBER-R Troop Clinic (Behavioral Health)

907-384-0405

Behavioral Health

907-580-8304

Mental Health

907-580-2181

JBER-Richardson Military Police (MP)

907-384-0823

JBER-E Security Forces Squadron

907-552-3421

673d Medical Group (Elmendorf Hospital)

5955 Zeamer Ave.

907-580-6260

JBER Chapel

Main

907-552-5762

After Hours

907-552-3000

Numerous locations and denominations. Offers ministries for singles, couples, children and young adults, as well as religious education and worship.

Legal Services/JAG

JBER-R: Building 600, Room 305

907-384-0371

JBER-E: 673 ABW Legal Office

907-552-3048

Armed Services YMCA of Alaska

JBER-E: 7135 Doolittle St, Bldg 7135

907-552-9622

JBER-R: 7179 Fighter Dr, Bldg 655

907-384-9622

Serving our service men and women with outreach, family programs, financial assistance, and recognition.

Military and Family Life Consultants (MFLC)

JBER-E Log Cabin 907-384-1534

Ask for an “MFLC.” Consultants help with managing stress, returning to familial and social relationships, and dealing with anger effectively. Also offers education and support for families experiencing deployment, reunion or homecoming issues.

Alaska Military Family Assistance Center

907-428-6606

Helps direct military families to a wide variety of resources.

[Alaska VA Healthcare System](#) Regional Office

1201 N. Muldoon Rd 907-257-4700

Provides primary and specialty medical care, including mental health care.

[Domiciliary Care for Homeless Veterans](#)

3001 C St. 907-273-4000

Provides residential care for veterans with multiple challenges, illnesses, or rehabilitative care needs.

Anchorage Vet (Resource) Center

4400 Business Park Blvd, Ste B-34 907-563-6966

Operated by the Veterans Administration to provide counseling and support services.

Catholic Social Services Supportive Services for Veteran Families

3710 E 20th Ave

907-222-7300

Provides rapid re-housing for veterans experiencing homelessness and other supportive services for veterans and their families.

[Chris Kyle Patriots Hospital](#)

Toll-Free In-State

800-478-7575

1650 S. Bragaw St.

907-258-7575

Operates an inpatient treatment program for first responders, military service members, veterans, and service-member dependents age 18 and older. Intensive, holistic treatment program providing treatment for addiction and/ or PTSD. Phones answered 24/7.

SEXUAL HEALTH AND WELLNESS RESOURCES

[Anchorage Health Department STI Testing, Treatment & Prevention](#)

825 L St, First Floor

907-343-4799

CLINIC HOURS: Monday, Tuesday, Thursday, Friday: 8am – 5pm Wednesday: 1pm – 5pm

We can test for a variety of infections. Counseling and confidential (private) testing for HIV, syphilis, gonorrhea, chlamydia, and other STIs are provided by trained staff who are sensitive to your needs and concerns. Treatment (antibiotics) will be provided for most STIs and to both men and women.

[Anchorage Neighborhood Health Center:](#)

4951 Business Park Blvd

907-743-7200

Provides primary health care including pediatric care, internal medicine, dental services, lab services, x-rays, and mammograms. Sliding fee scale available for uninsured patients. 56 languages translated.

[Request an appointment](#)

[Covenant House Alaska Health Clinic](#)

755 A St

907-272-1255

Providing physicals/routine wellness checkups< vaccinations, mental health and substance abuse counseling, HIV/STD and Pregnancy testing, and birth control and reproductive health services. Available at any time, to any youth in need. We're here to help, at no cost to you. Clinic hours Mon, Wed and Fri 9 a.m. to 3:30 p.m.

Through [iKnowMine.org](https://www.iknowmine.org), you can order [STI](#) and [HIV](#) self-test kits – this way you can know your status on your own terms. This option is meant to improve access to STI testing, especially in rural Alaska. We recommend, as long as you feel comfortable, that you visit your local health care provider or family-planning clinic to receive STI and HIV testing. Knowing your status is one step toward safer sex. Consider using [condoms](#) or dental dams to reduce the risk of STI and HIV transmission. Learn more about safer-sex practices and other considerations on the [Sex](#) page.

[Planned Parenthood, Anchorage](#)

4001 Lake Otis Parkway #101

800-769-0045

Providing abortions, abortion referrals, birth control, HIV services, Men's Health Care, morning-after pill (emergency contraception), pregnancy testing & services, primary care, STD testing, treatment & vaccines, transgender hormone therapy, and Women's Health Care. With or without insurance, you can always come to us for your health care.

[State of Alaska HIV/STD Program Related Resources](#)

Addresses public health issues and activities with the goal of preventing sexually transmitted diseases (STDs) and HIV infection in Alaska as well as their impact on health.

FAMILY AND PARENTING RESOURCES COUNSELING, PARENTING CLASSES, AND OTHER SUPPORT

Alaska Regional Hospital Parent Classes

907-264-1773

Offers classes for expectant parents on labor, delivery, and early parenting.

[Alaska Youth and Family Network](#)

740 Communications Ave

907-770-4979

Offers youth support groups, parent support groups, and support navigating educational, health, and social services.

[Alaska Center for Resource Families](#)

Toll-Free 1-866-478-7307

840 K St, Suite 101 907-279-1799

Serves foster parents, adoptive parents, relative caretakers, and guardianship families through workshops and support to the application processes.

[Alaska Native Justice Center](#) (CITC)

3600 San Jeronimo Dr. 907-793-3550

The Alaska Native Justice Center (ANJC) Tribal ICWA Representation Program provides legal services to Alaska Tribes in Child In Need of Aid (State Custody) cases in Anchorage. Through our relationships and with culturally appropriate services, ANJC will assist all Tribes in cases that involve the Indian Child Welfare Act. The Tribal ICWA Representation Program team is staffed with licensed attorneys that will represent Tribes in Alaska State Court in Anchorage.

[Catholic Social Services](#)

3710 E. 20th Ave 907-222-7300

Operates several programs serving families experiencing home- lessness and support for pregnancy, adoption, disabilities, and immigration.

[Cook Inlet Tribal Council](#)

3600 San Jeronimo Dr 907-793-3132

Serves Alaska Native and American Indian adults, children, and families through parenting classes and other family services. Call for location and details.

[Help Me Grow Alaska](#)

4141 B St, Ste 409

1-833-464-2527

Connects parents and other caregivers with a wide range of resources to support healthy child development.

[Southcentral Foundation Mother/Baby/Child](#)

4201 Tudor Centre Dr

907-729-2689

Serves Alaska Native and American Indian women through medical care (obstetrics, gynecology, cancer screening) and parenting classes for new moms.

Parents as Teachers

[Kids' Corps](#)

907-339-0154

[RurAL CAP](#)

907-865-7334

Provides parents of children who have not yet started school with child development information, parenting support and community resource referrals.

[Parenting with Providence Alaska](#)

3400 Health Dr, #5, Rooms X1021 & X1027

907-212-5886

Offers parenting and childbirth classes.

[Stone Soup Group](#)

307 E Northern Lights Blvd #100

907-561-3701

Provides information, support, training, and resources to Alaskan families and professionals who care for individuals with special needs ages 26 and younger.

Thread

3350 Commercial Dr., Ste 203 907-265-3100

Helps families find and evaluate child care options and can connect eligible parents to financial assistance.

MISSING AND RUNAWAY CHILDREN

Anchorage Police Department,
Crimes Against Children Unit

If a child is currently in danger call 911

All other reports can be made by calling 311
or 907-786-8900

Investigates crimes against children.

Covenant House Alaska

755 A St 907-272-1255

Serves homeless, runaway and at-risk youth ages 13 to 24. Shelter services are available for youth ages 13 to 20. Provides a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year.

State of Alaska Department of Public Safety

Missing Persons Clearinghouse

Toll-Free 1-800-478-9333

5700 E Tudor Rd 907-269-5038

Collects information about missing persons from various police agencies across Alaska.

National Center for Missing & Exploited Children

1-800-843-5678

YOUTH RESOURCES

FACILITY-BASED SERVICES

[Power Center-Youth Outreach & Drop in](#)

704 W 26th Ave

907-929-2633

Provides information to youth and families on Alaska juvenile law, short-term counseling and community education; and a drop-in center for youth. Also includes the Peer Outreach Worker Education and Referral Program (P.O.W.E.R.).

[Covenant House Alaska](#)

755 A St

907-272-1255

Serves homeless, runaway and at-risk youth ages 13 to 24. Shelter services are available for youth ages 13 to 20. Provides a safe place to stay and get help. Shelter Services' doors are open 24 hours a day, 365 days a year.

CRISIS HOTLINES

If you or a loved one is in need of immediate help or in the event of a life-threatening emergency, **dial 911**.

Always **dial 911** if there is threat of suicide or of violence or harm to self or others.

988

Alaska's Suicide & Crisis Lifeline

988.alaska.gov

[Alaska Suicide Hotline](#) – Southcentral Foundation

24/7 Crisis support 1-877-266-4357

[National Suicide Prevention Lifeline Crisis](#)

1-800-273-8255

Spanish 1-888-628-9454

TTY/TTD 1-800-799-4889

24/7 support for people who are thinking about suicide and for their loved ones.

[Crisis Text Line](#)

Text HOME to 741741

24/7 support from volunteer counselors for any issue, available to anyone.

[Trans Lifeline](#)

1-877-565-8860

Trained peer-support helpline operated by and for transgender and questioning people. Services are available from 6:00 am to midnight and often additional hours. Micro-grants for things like ID document changes may be available.

[Trevor LGBT Youth Crisis Line](#)

1-866-422-7386

Text: START to 678678 Free 24/7 crisis support to LGBTQ people under age 25.

[Love is Respect](#)

Dating Abuse Helpline

1-866-331-9474

Text: loveis to 22522

24/7 support

around dating/romantic relationships. Provides information on safety planning in abusive situations as well as information about healthy relationships.

[National Runaway Safe Line](#)

1-800-786-2929

24/7 hotline for youth who have run away or are thinking of running away, and their families.

[YouthLine](#)

1-877-968-8491

Text: Teen2teen to 839863

Peer support

from and for teens from 3pm-9pm AST and from adult counselors at all other hours.

[Standing Together Against Rape \(STAR\)](#)

Sexual Assault/ Abuse Crisis Line

907-276-7273

Toll-Free

1-800-478-8999

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

Emergency Alert System (EAS)

In the event of a major emergency, the EAS will broadcast critical emergency information, such as health warnings, locations of emergency shelters, and recommended actions to preserve life and property. During times of emergency, tune into radio or TV. The EAS will broadcast on 750 AM KFQD first.

INTERPERSONAL VIOLENCE, ASSAULT, AND ABUSE RESOURCES

[Abused Women's Aid in Crisis](#) (AWAIC)

24 Hour Crisis Hotline 907-272-0100

100 W 13th Ave 907-279-9581

Serves people of any gender who have experienced emotional, physical, and /or sexual abuse within their intimate or family relationships to include advocacy, case management, legal advocacy, and shelter services.

[Alaska Native Justice Center](#) (CITC)

3600 San Jeronimo Dr. 907-793-3550

The Alaska Native Justice Center's (ANJC) Family Law Advocates offer culturally sensitive services for Survivors of domestic violence, sexual assault, human trafficking, stalking, dating violence and victims of crime.

Advocates assist with:

- Case Management
- Protective orders
- Divorce and/or Child Custody packet assistance
- Court accompaniment
- Safety planning
- Life skills and support participants navigating through systems

[Anchorage Police Department](#) (APD)

For Emergencies

Dial 9-1-1

Non-emergency line

Dial 3-1-1

4501 Elmore Road

907-786-8900

State of Alaska [Office of Children's Services](#)

323 E 4th Ave

907-269-4000

Assists families in diagnosing and resolving problems, investigates reports of harm, refers families to community resources, and initiates legal intervention. Provides out-of-home placements or permanency planning with reasonable efforts to protect and maintain children in their own homes.

[Standing Together Against Rape](#) (STAR)

24-Hour Crisis Line

907-276-7273

1057 W Fireweed Ln, Suite 230

907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

ELDER AND VULNERABLE ADULT ABUSE

State of Alaska [Adult Protective Services](#)

Toll Free – in-state only

1-800 478-9996

550 W 8th Ave

907-269-3666

Information and referral, investigation of reports, protective placement, guardianship/conservatorship counseling or mediation, care coordination, linking clients to community resources, training and designation of local community resources to provide services. Intervention and prevention of harm from occurring to vulnerable adults.

State of Alaska

[Office of the Alaska Long Term Care Ombudsman](#)

Toll-Free 1-800-730-6393
3745 Community Park Loop, Ste 200 907-334-4480

Identifies, investigates, and resolves complaints about long-term care operations. Meets with residents to ensure they are receiving legal, financial, social, medical, rehabilitative and other services to which they are entitled. Also provides advocacy to seniors living independently with complaints about their residential circumstances.

SEXUAL ASSAULT

[Standing Together Against Rape](#) (STAR)

24-Hour Crisis Line 907-276-7273
or 1-800-478-8999

1057 W. Fireweed Ln, Ste 230 907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

JBER Sexual Assault Prevention and Response Office

(SAPRO) - Air Force 907-551-2020

Serve Air Force active duty soldiers and their dependents (18 and older) and AF Civilian employees. Victim advocates provide essential support, liaison services, and care to sexual assault and sexual abuse victims.

Sexual Harassment/Assault Response & Prevention

(SHARP) – Army 907-384-1945

24/7 SHARP Hotline 907-384-7272

Serves all Army soldiers and their families through investigation and follow-up as well as prevention education.

Department of Defense [Safe Helpline](#)

1-877-995-5247

Safe Helpline is the Department of Defense's (DoD) hotline for members of the DoD community affected by sexual assault. Callers can get information about specialized resources, support, and care throughout their healing process.

Joint Base Elmendorf-Richardson (JBER)

JBER-E Chaplain 907-552-5762

JBER-R Chaplain (on-call) 907-440-0160

Mental Health Clinic 907-580-2181

JBER-Elmendorf Emergency Room 907-580-5556

JBER-Richardson Military Police 907-552-3421

HUMAN TRAFFICKING

If you are in immediate danger

call 911

24/7 National Human Trafficking Resource Center

888-373-7888

[Priceless Alaska](#)

Priceless Survivor Hotline 907-250-2926

6689 Changeport Dr. 907-646-4816

Serves women experiencing sex trafficking in Anchorage. After completing a basic assessment, women work with a mentor team who help navigate available resources.

[Polaris](#)

BEFREE Hotline 1-888-373-7888

Text: 233733 (BEFREE)

A free hotline for anyone experiencing human trafficking. Provides links to local resources. Also accepts information (tips) about human trafficking affecting other people.

[Standing Together Against Rape](#) (STAR)

Statewide Crisis Line 907-276-7273

Toll-free 1-800-478-8999

1057 W Fireweed Ln, Ste 230 907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

DOMESTIC VIOLENCE RESOURCES

[Abused Women Aid in Crisis](#) (AWAIC)

24 Hour Crisis Hotline 907-272-0100

100 W 13th Ave. 907-279-9581

Serves people of any gender who have experienced

emotional, physical, and /or sexual abuse within their intimate or family relationships to include advocacy, case management, legal advocacy, and shelter services.

[Alaska Network on Domestic Violence and Sexual Assault](#)
(ANDVSA) 907-586-3650

[Women's Legal Rights Handbook](#) and operates a legal information and referral hotline.

JBER Elmendorf AFB [Family Advocacy Program](#)
5955 Zeamer Avenue 907-580-5858

The three main points of focus of the Family Advocacy Program are: mission readiness, family violence prevention and treatment, and building healthy communities. Additional Family Advocacy Program services include couples' communication classes, anger management classes and brief marital and family therapy to support family wellness.

[Municipal Prosecutor's Office](#)
632 W 6th Ave 907-343-4250

Assists crime victims with criminal justice process, including preparation with victim impact statements, restitution, Violent Crimes Compensation board (VCCB) applications, and referrals to other resources

Southcentral Foundation - [Willa's Way](#)
907-729-8577

Shelter and other services for Alaska Native women and children who have experienced domestic violence.

[Standing Together Against Rape](#) (STAR)

24-Hour Crisis Line 907-276-7273
or 1-800-478-8999

1057 W. Fireweed Ln, Ste 230 907-276-7279

Serves survivors of sexual assault, child sexual abuse and human trafficking. STAR provides free crisis intervention, assistance reporting or accessing medical aid, legal advocacy, court accompaniment, protective order application, emergency aid and trauma counseling. All services are free of charge.

State of Alaska [Victim Witness Program](#)

907-269-6300

District Attorney's Office Statewide 1-800-770-8622

Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/ accommodations for out-of-town witnesses. Referrals to agencies for crisis intervention, shelter, legal, medical, social and mental health needs. Web page resources available in English, Spanish, Tagalog, Korean, Russian, and Yup'ik.

ANIMAL ABUSE

When animals are abused, people are often at risk for violence in the home; when people are abused, animals are likewise in danger.

Animal Care & Control

Animal Control Dispatch

907-343-8119

Customer Service

907-343-8122

4711 Elmore Rd

Monday through Friday 11:00 A.M. to 7:00 P.M.

Saturday and Sunday 10:00 A.M. to 6:00 P.M.

Responds to calls about animal cruelty, animal bites, loose animals, barking dogs, lost pets, and injured animals. Can provide additional information on animal care, pet adoption, animal licensing and other pertinent laws.

Safe Haven for Pets (AWAIC)

AWAIC Crisis Line

907-272-0100

Provides safe foster care for pets when owners have to seek emergency shelter at AWAIC to escape domestic abuse.

STATEWIDE VICTIM SERVICE PROGRAMS

<https://dps.alaska.gov/CDVSA/Services/VictimServices>

Anchorage

Abused Women's Aid in Crisis 907-743-5726

Standing Together Against Rape 907-276-7273

Victims For Justice 907-278-0977

SERVICE AREA: Municipality of Anchorage and Statewide Service

Barrow/Utqiagvik

Arctic Women in Crisis 907-852-0261

SERVICE AREA: Anaktuvuk Pass, Atqas, Kaktovik, Nuiqsut, Pt. Hope, Pt. Lay, Utqiagvik, and Wainwright

Bethel

Tundra Women's Coalition 907-543-3444

SERVICE AREA: Akiachak, Akiak, Alakanuk, Aniak, Atmautuak, Bethel, Bill Moores, Chefornak, Chevak, Chuathbaluk, Chuloonqwick, Crooked Creek, Eek, Emmonak, Georgetown, Goodnews bay, Hamilton, Hooper Bay, Kalskag, Kaltag, Kasifluk, Kipuk, Kongiganak, Kotlik, Kwethluk, Kwigillingok, Lime Village Marshall, Mountain Village, Napaimute, Napakiak, Napaskiak, Newtok, Nightmute, Nunapitchuk, Ohogamuit, Oscarville, Paimuit, Pilot Station, Pitkas Point, Platinum, Quinagak, Red Devil, Russian Mission, Scammon Bay, Sheldon's Point, Sleetmute, St. Marys, Stony River, Toksook Bay, Tuluksak, Tuntutuliak, Tununak, and Umkumiut

Cordova

Cordova Family Resource Center 907-424-5674

SERVICE AREA: Chenaga, Cordova, Icy Bay, and Tatitlek, and Native Village of Eyak

Dillingham

Safe and Fear-Free Environment 907-842-2320

SERVICE AREA: Aleknagik, Chignik Lagoon, Chignik Lake, Chignik, Clarks Point, Dillingham, Egegik, Ekuk, Ekwok, Goodnews Bay, Igiugig, Iliamna, Ivanof Bay, King Salmon, Levelock, Manokotak, Naknek, New Newhalen, Nondalton, Pedro Bay, Pilot Point, Platinum, Port Alsworth, Port Heiden, South Naknek, Stuyahok, Togiak, Twin Hills, Ugashik, and Bristol Bay area

Emmonak

Emmonak Women's Shelter 907-949-1443

SERVICE AREA: Emmonak and surrounding areas

Fairbanks/Interior

Alaska Center for Non-Violent Living 907-452-2293

SERVICE AREA: Alatna, Allekeket, Anvik, Arctic Village, Beaver, Canyon Village, Dendun Gwich'in, Dot Lake, Eagle, Evansville, Fairbanks, Fort Yukon, Galena, Grayling, Healy Lake, Holy Cross, Hughes, Huslia, Kaltag, Koyukuk, Lake Minchiumina, Loudon, Manley, McGrath, Medfra, Minto, Nenana, Nikolai, Northway, Nulato, Rampart, Ruby, Shageluk, Stevens Village, Takotna, Tanacross, Tanana, and Telida

Homer

South Peninsula Haven House 907-235-7712

SERVICE AREA: South Kenai Peninsula, including Homer, Ninilchik, Nikolaevsk, Anchor Point, Kachemak City, and villages across Cook Inlet

Juneau

Alaska Network on Domestic Violence and Sexual Assault
907-957-2542

Aiding Women from Abuse and Rape Emergencies
907-286-6623

SERVICE AREA: Juneau, Haines, Klukwan, Elfin Cove, Tenakee, Pelican, Hoonah, Gustavus, Yakutat, and Skagway

Nome

Bering Sea Women's Group 907-443-5492

SERVICE AREA: Nome, Savoonga, Gambell, Diomede, Golovin, White Mountain, Elim, Koyuk, Shaktoolik, Unalakleet, Stebbins, St. Michael, Wales, Shishmaref, Brevig Mission, and Teller

Palmer/Wasilla

Alaska Family Services 907-746-4080

SERVICE AREA: Palmer, Wasilla, Glenallen, Mat-Su Valley (including Sutton, Glacier View, Houston, Big Lake, Willow, Talkeetna, Trapper Creek, Butte, Meadow Lakes, Point McKenzie, and surrounding areas)

Petersburg

Working Against Violence for Everyone

907-518-0555

SERVICE AREA: Petersburg Borough

Prince of Wales

Helping Ourselves Prevent Emergencies

907-826-2581

SERVICE AREA: Craig, Klawock, Hollis, Thorne Bay, Kasaan, Coffman Cove, Naukati Bay, Whale Pass, Edna Bay, Port Protection, Hydaburg and Point Baker

Seward

Seward Prevention Coalition

907-422-7668

SERVICE AREA: Seward and Eastern Kenai Peninsula

Sitka

Sitkans Against Family Violence

907-747-3370

SERVICE AREA: Angoon, Kake, Port Alexander, and Sitka

Soldotna/Kenai

LeeShore Center

907-283-9479

Kenaitze Indian Tribe

907-335-7613

SERVICE AREA: Central Kenai Peninsula, including Kenai, Soldotna, Nikiski, Sterling, Kasilof, Kalifornski, Clam Gulch, Funny River, and Ridgeway

Valdez

Advocates for Victims of Violence

907-835-2980

SERVICE AREA: Chistochina, Chitina, Copper Center, Gakona, Glennallen, Gulkana, Kenny Lake, Nelchina, Tazlina, Tolsona and Valdez

Unalaska

Unalaskans Against Sexual Assault and Family Violence

907-581-1500

SERVICE AREA: Adak, Akutan, Atka, Cold Bay, Dutch Harbor, King Cove, Nelson Lagoon, Nikolski, Sand Point, St. George, St. Paul, and Unalaska

LAWS AND DEFINITIONS OF SELECT CRIMES

LOCAL ALCOHOL LAWS

Operating while Under the Influence (OUI/DUI)

AS 28.35.030, AMC 9.28.020

In Alaska, a motorist can get an OUI for driving or being in actual physical control of a motor vehicle, watercraft, or aircraft:

- While “under the influence” (impaired due to alcohol or a controlled substance), or
- With a blood alcohol concentration (BAC) of .08% or more.
- Alaska’s “implied consent” laws generally require that all motorists agree to take a blood or breath test to determine the presence of alcohol or drugs. Motorists who refuse testing face the same penalties as persons convicted of an OUI. AS 28.35.031, AMC 28.35.032
- First Offense: At least 72 hours of house arrest, at least \$1,500 fine, 90-day license revocation, ignition interlock device for 6 months, 30 day vehicle impound.

- Second Offense: 20 days in jail (house arrest possible), at least \$3,000 fine, 1-year license revocation, ignition interlock device for 12 months, and driver's interest in the vehicle is forfeit.
- Third Offense: Typically a felony with at least 120 days in jail.
- If you are under 21, driving after consuming any level of alcohol is a crime. AMC 9.28.060.

Underage Drinking

Youth under the age of 21 who consume, possess, or control alcoholic beverages are subject to AS 04.16.050. The fine is \$500 per offense, although a court can reduce this to \$50 for the first offense or \$250 for the second offense if the person completes an approved alcohol safety program or a community diversion panel within six months.

HATE CRIME & HUMAN RIGHTS LAWS

Federal Hate Crime Statute: Title 178, U.S.C., Section 245
A hate crime is any act intended to cause injury because of a person's race, color, religion, or national origin.

It is also a hate crime to threaten or interfere with anyone who helps victims of these activities.

ALASKA HUMAN RIGHTS LAW (AHRL)

AS 18.80.210

It is unlawful to discriminate because of sex, mental or physical disability, marital status, pregnancy, parenthood status, race, religion, color, or national origin in:

Employment: applying for or performing a private or government job.

Financing and credit: applying for home or car loans, credit cards or performing credit checks.

Receiving services from state or local government.

Places of public accommodation: staying at a hotel or motel or eating at a restaurant.

Sale or rental of real property: rental, sale or purchase of real estate as in a home or land.

AMERICANS WITH DISABILITIES ACT (ADA)

Americans With Disabilities Act of 1990, Pub. L. No. 101-336, 104 Stat. 328 (1990)

ADA defines disability as a physical or mental impairment that substantially limits a person's major life activities, such as walking, seeing, hearing, breathing, sitting, standing, lifting, learning and thinking. ADA prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are

open to the general public. The purpose of the law is to make sure people with disabilities have the same rights and opportunities as everyone else.

STATE OF ALASKA VICTIMS' RIGHTS

AS 12.61.010

Go to <https://ovr.akleg.gov/rights.php> for a full list of victims' rights. Public agencies make every reasonable effort to ensure that victims of crimes receive the following rights, however, a failure to ensure these rights does not give rise to a separate cause of action against these agencies.

Victims of crimes have the following rights:

- Be treated with dignity, respect and fairness
- Protection from accused through the imposition of appropriate bail or conditions of release by the court (including release on appeal) (see also AS 12.30.025(a); 12.30.027(a); 12.30.029(a); 12.30.040(a))
- Confer with the prosecution
- Timely disposition of the case
- Obtain information about and be allowed to be present at all criminal or juvenile proceedings where the accused has the right to be present
- Be heard, upon request, at sentencing, before or after conviction and at any proceeding where the accused's release from custody is considered
- Restitution from the accused

- Be informed, upon request, of the accused's escape or release from custody before or after conviction or juvenile adjudication.
- Upon initial police contact: obtain access to immediate medical assistance

LAWS ABOUT MISSING AND RUNAWAY CHILDREN

AS 47.10.141. states that law enforcement shall make reasonable efforts to locate the minor and shall immediately complete a missing person's report containing information necessary for the identification of the minor. No later than 24 hours after completing the report, the agency shall transmit the report for entry into the Alaska Public Safety Information Network and the National Crime Information Center computer system. The report shall also be submitted to the missing persons information clearinghouse. Under AS 18.65.620. the law enforcement agency must submit to the clearinghouse reports on all missing persons reports received by the law enforcement agency that relate to a person who has not been found within 48 hours of the first report. Anchorage Police Dept will assist parents and families with resources and reporting.

LAWS ABOUT YOUTH SAFETY AT HOME

AS 47.17.010

Child Abuse and Neglect:

In Anchorage, it is child abuse to physically injure a child, or to permit a child to be hurt, cruelly punished, or cruelly confined.

Child Neglect is failure to provide for a child's physical needs, including permitting a child to be inadequately supervised due to a parent or caregiver's intoxication.
AMC 8.10.040

Family Violence: Anchorage Municipal Code 8.10.050
Family violence occurs when a child witnesses a domestic violence assault.

DEFINITION OF ELDER AND VULNERABLE ADULT ABUSE

AS 11.41.410, AS 11.41.420, AS 13.26.595 (1) & (2)

Elder abuse means intentional harm to an older or vulnerable adult by a caregiver or another person in a relationship involving an expectation of trust. This abuse can occur through abandonment, physical or sexual abuse, exploitation, neglect or self-neglect and undue influence. Vulnerable adults are individuals 18 years or older who, due to mental, physical or functional impairment, cannot care for themselves.

DEFINITION OF CONSENT

AS 11.41.445

Consent is defined as "a freely given, reversible agreement specific to the conduct at issue... 'freely given' means agreement to cooperate in the act was positively expressed by word or action." There is a provision for the trauma response of freezing: "lack of consent through words or conduct means there is no consent... lack of consent does not require verbal or physical resistance and may include inaction."

DEFINITION OF SEXUAL ASSAULT

AS 11.41

Sexual Assault is a crime and occurs when consent is not given for sexual contact or sexual penetration. Sexual contact includes touching or rubbing even if it's through clothing.

A. Sexual penetration:

means genital intercourse, cunnilingus, fellatio, anal intercourse, or an intrusion, however slight, of an object or any part of a person's body into the genital or anal opening of another person's body; each party to any of the acts described in this subparagraph is considered to be engaged in sexual penetration;

B. does not include acts

- i. performed for the purpose of administering a recognized and lawful form of treatment that is reasonably adapted to promoting the physical health of the person being treated; or
- ii. that are a necessary part of a search of a person committed to the custody of the Department of Corrections or the Department of Health and Social Services;

It is also a crime if a person attempts to have sexual contact, intercourse, or penetration with someone whom they know can't give consent due to the person being incapacitated by drugs, medication or alcohol or if the person is intellectually disabled or unaware that a sexual act is being committed.

Sexual contact, intercourse or penetration that is induced without consent through threat or fear and/or cause bodily harm or injury is also a crime. People of any gender and age can be victims.

Incest is a sexual assault crime and it occurs when a person 18 years of age or older has sex with a person who is related by whole or half blood, such as their parent, child, sibling, grandparent, grandchild, uncle, aunt, cousin, nephew or niece.

REPORTING OPTIONS FOR SEXUAL ASSAULT

If you or someone you know has been then victim of a sexual assault there are several reporting options available.

1. Report to law enforcement, receive a forensic exam, medical care and support of a victim advocate.
2. Report anonymously, receive a forensic exam, medical care and the support of a victim advocate. Evidence is collected and stored in the event that the patient would like to report to law enforcement in the future.
3. Access medical care through the ER or a medical provider.

You can always report a sexual assault, however there is a 7 day window to collect evidence from a forensic exam.

A law enforcement agency, health care facility, or other entity may not require a victim of sexual assault under AS

11.41.410 - 11.41.425 who is 16 years of age or older to pay, directly or indirectly, through health insurance or any other means, for the costs of examination of the victim necessary for

(1) collecting evidence using the sexual assault examination kit under AS 18.68.010 or otherwise; or

(2) determining whether a sexual assault has occurred.

Any suspected abuse of a minor or vulnerable adult should be immediately reported by professionals under Mandated Reporting Requirements.

To report Child Sexual Abuse
Office of Children's Services

Call: 1-800-478-4444

Email: ReportChildAbuse@alaska.gov

Website: ReportChildAbuse.alaska.gov

To report Harm on a vulnerable adult
Adult Protective Services

Call: 1-800-478-9996

Website: Making a Report of Harm

If you have additional questions about reporting options contact

Standing Together Against Rape

Call: 907-276-7273 24/7/365 Support

<https://www.staralaska.com>

DEFINITION OF STALKING

AS 11.41.260 or 11. 41.270

Occurs when a person engages in repeated acts of contact without consent placing a person or family member in fear of physical harm or death. It includes repeated harassing or threatening behavior toward another including Cyberstalking which is the use of technology to stalk. Cyberstalkers need not be in physical proximity to their targets and often times remain anonymous.

- Recurring phone calls, mail or email
- Leaving or delivering objects to one's home or place of employment
- Approaching or confronting one in a public place or private property

FEDERAL DOMESTIC VIOLENCE LAWS

Gun Control Act: GUN BAN FOR INDIVIDUALS CONVICTED OF A MISDEMEANOR CRIME OF DOMESTIC VIOLENCE -- 18 U.S.C. § 922(g)(9)

Prohibit individuals convicted in some domestic violence crimes from possessing a firearm. Federal domestic violence crimes are felonies and include crossing state lines to physically injure, stalk, harass or violate a qualifying protective order following a conviction of a domestic violence misdemeanor. The firearms ban extends to anyone convicted of a "misdemeanor crime of domestic violence" and is intended to prevent those individuals who have demonstrated a propensity for

domestic violence from obtaining a firearm, assist law enforcement by providing a tool for the removal of firearms from certain explosive domestic situations thus decreasing the possibility of deadly violence and serve as a federal prosecution tool in certain situations where alternatives have failed. Some Alaska and Anchorage domestic violence crimes prohibit the defendant from possessing firearms in the future.

ALASKA LAW ON NOTIFICATION TO DOMESTIC VIOLENCE VICTIMS

AS 18.65.520

In cases of crimes involving domestic violence, a peace officer must protect the victim and the victim's family. Upon request, to prevent further violence, the peace officer should transport adult victims and family members to a shelter or safe house [AS 18.65.515(a)(1)]. A peace officer investigating a crime involving domestic violence shall orally and in writing inform the victim of the rights of victims of domestic violence and the services available to them. Peace officers can remove essential items such as clothing, medication and legal documents that belong to the victim. Peace officers can assist the victim and any of the victim's family members in obtaining medical treatment, either by contacting emergency medical services or by transporting the victim to a local medical facility. Peace officers should also notify victims of domestic violence of services available to them.

LEARNING ABOUT INTERPERSONAL/ DOMESTIC VIOLENCE AND ABUSE

VIOLENCE: DATING VIOLENCE AND BULLYING

Many types of violence affect youth, such as child abuse, gang violence, bullying, hate crimes, rape, and murder.

Dating violence occurs when one person in a dating relationship threatens or injures the person they are dating. The violence can be emotional, physical, or sexual. People of any gender can be hurt.

Bullying occurs when a person hurts or threatens someone with less power physically, verbally, or in writing, on more than one occasion. If you are bullied at or near school, tell an adult you trust. School staff want to know if bullying is happening and will help you figure out how to stop the bullying.

If you are bullied at other places, tell your parent/guardian or another adult you trust.

The risks of dating violence increase for youth who:

- Believe it's OK to use threats or violence to get what they want or solve problems
- Use alcohol or drugs
- Struggle to manage anger or frustration
- Don't have strong social skills
- Spend time with violent peers
- Have learning difficulties and other problems at school
- Lack parental oversight and support

- See abuse between parents at home
- Have a history of aggressive behavior or bullying
- Live in violent communities
- Have low self-esteem and/or depression, which increase the risk of becoming involved in an abusive relationship.

There are warning signs that someone is being abused, or that they may be abusing others.

Warning signs that someone is being abused:

- Isolation from family and friends
- Suspicious bruises or injuries
- Loss of interest in activities and hobbies
- Making excuses for the dating partner's behavior
- Noticeable changes in eating or sleeping patterns
- Drug or alcohol use
- Loss of confidence

Warning signs that someone may be an abuser:

- Threatening to hurt others
- Insulting a dating partner in public or private
- Constantly checking up on the dating partner
- Damaging/destroying a dating partner's belongings
- Attempting to control what the dating partner wears, who they see and where they go

DEFINITION OF DOMESTIC VIOLENCE

A crime occurs when physical, sexual or emotional abuse is inflicted by a partner/spouse (current/former),

roommate (current/former) of a shared household, or family member.

Under Alaska law, it is illegal for another person related to you, even your spouse or an ex, to hurt you physically or force you to have sex when you don't want to. It is considered domestic violence if one person maintains control and power over another with economical abuse, threats and isolation. While most domestic violence survivors are women, all genders can experience domestic violence.

Physical abuse is: the use of physical force to cause pain or injury to you. It can involve biting, kicking, slapping, pushing, punching, choking, restraining, or confinement.

Sexual abuse is: forcing someone to participate in unwanted sex or sexual acts, performing unsafe or degrading sexual activities, forcing someone to look at pornography

Emotional abuse is: the use of words and actions that are threatening, intimidating, or scaring you into doing what they want. Emotional abuse is perhaps the hardest to detect but is just as serious as physical abuse.

THE CYCLE OF DOMESTIC VIOLENCE

DOMESTIC VIOLENCE OFTEN FOLLOWS A REPEATING CYCLE WITHIN EACH RELATIONSHIP. Not every abusive relationship follows this pattern, but many survivors describe their relationships in this way:

Tension Building

When tension builds in the relationship, victims may feel like they are “walking on eggshells” around the abuser. This phase can last for a few hours or for months, or anything in between. The longer it lasts, the more inevitable that a blow-up can start to feel, even if the victim can’t be sure exactly what will be the straw that breaks the camel’s back.

Abusive Incident

The abusive incident usually occurs when the tension finally breaks. This can play out in many different ways. Usually, this part of the cycle is when the abuser physically lashes out at the victim. The abuser may hit, rape or try to rape the victim. In relationships where the abuse is primarily psychological, the abuser may suddenly deny the victim access to basic necessities (by changing the locks on the house or cutting off access to a shared checking account, for example), calling the victim humiliating names, or making threats of violence.

Honeymoon

The abuser may apologize, buy gifts, or be extra affectionate to “make up” for the abuse. Many will promise to change, promise to stop abusing, or promise that it will never happen again. Once the honeymoon phase is over, the tension building phase begins again, and the comforting promises the abuser made will be broken.

The Bottom Line

In most cases, the abuser will not change, and the only

way to end the abuse is for the victim to end the relationship. Unfortunately, the most dangerous time in an abusive relationship is when the victim tries to leave. That is when he or she is most likely to be seriously injured or even killed by the abuser.

If you are in an abusive relationship, you can call the National Domestic Violence Hotline at any time of day or night to speak to someone trained to help you. The Hotline operates 24 hours a day, seven days a week. All calls are confidential and anonymous, and interpreter services are available for more than 170 languages.

1-800-799-SAFE (7233)

1-800-787-3224 TTY

Source: Jennifer Focht and Amanda Chu, National Center for Health Research, [The Cycle of Domestic Violence](#)

HOW POWER AND CONTROL ENABLE ABUSE ABUSE CAN INVOLVE PHYSICAL VIOLENCE AND/OR OTHER MEANS OF DELIBERATE CONTROL.

You can imagine abuse as a wheel, with power and control in the center, physical and sexual violence around the outside, and “spokes” connecting power and control to physical violence through threats, intimidation, and coercion (convincing someone to do something they do not want to do). Here is more information on the spokes of the wheel – the way abusers maintain power and control over their partners:

- Using intimidation: Scaring the person using looks, actions, gestures; smashing things; destroying property; abusing pets; displaying weapons.
- Using emotional abuse: saying put-downs; making the person feel bad about themselves; name calling; making the person feel stupid or crazy or believe they have lost their own mind; playing mind games; humiliating them; making them feel guilty.
- Using isolation: controlling what the person does, who they see and talk to, what they read, where they go; limiting their outside involvement; using jealousy to justify this behavior.
- Minimizing, denying, and blaming: Making light of the abuse; saying the abuse didn't happen; saying the victim or someone else caused the abuser to behave this way; dismissing or changing the story when the person tries to talk to the abuser about the abuser's behavior.
- Using children: making the person feel guilty about the children; using the children to relay messages; using visitation to harass the person; threatening to take the children away.
- Using (male) privilege: Treating the person like a servant; making all the big decisions; acting like "master of the castle"; insisting on strict gender roles in the relationship. Often, this happens with men using male privilege over their female partners but an abuser can use any kind of privilege this way, such as racial, ethnic, economic/financial, ability, cisgender, gender-expression, or age privilege. For example, a person with more money than their partner could

abuse their economic privilege by insisting on certain financial decisions.

- Using economic abuse: Preventing or discouraging the person from getting or keeping a job (including going to their workplace and causing a disruption that gets them fired); making the person ask for money; giving them an allowance; taking the person's own money or paycheck; not letting the person know about or have access to family income.
- Using coercion and threats: Making and/or carrying out threats to do something to hurt the person; threatening to leave the person, to commit suicide, to report the person to welfare; making the person drop charges that have been filed; making them do illegal things.

[Understanding the Power and Control Wheel](#) video. You can find a PDF of the Power and Control Wheel here:

<https://www.theduluthmodel.org/wp-content/uploads/2017/03/PowerandControl.pdf>

SAFETY PLANNING BEFORE YOU LEAVE

A safety plan is a personalized, practical plan that includes ways to remain safe while in a relationship, planning to leave, or after you leave. Sometimes, the only safe choice for you and your child(ren) in domestic violence situations is to leave. Remember though, that leaving or ending a relationship is a very dangerous time. Being prepared will allow you to leave quickly and safely. Here are some ideas:

- Pack a suitcase and store it with a friend or neighbor. Include a change of clothing for you and your child(ren), personal toilet articles and an extra set of keys to the house and car. Be sure to take a special doll, toy or book for your child(ren).
- Keep important items/ documents in an easy-to-locate but safe place. Important items include prescription medicine, medical records for you and your child(ren), ID such as birth certificates, social security cards, voter registration cards and driver's license. Financial records such as mortgage or rent receipts and the title to the car are important. If possible, try to have extra cash handy. Also set aside an extra checkbook, savings account book or credit cards. Be sure to have a list of important telephone numbers with you, such as family, police, friends, or emergency shelters.
- Plan ahead where you will go and how to get there. Arrange for a safe place for you and your child(ren) to go at any time—day or night. Tell only a trusted friend or family member where you plan to go.
- Tell your doctor or go to the emergency room if you are hurt. Give your doctor or emergency room staff complete information about how you were injured. Ask for a copy of the medical record. This information may be helpful if you want to make a report to the police.
- Identify your partner's use and level of force so that you can assess the risk of physical danger to you and your children before it occurs.
- Identify safe areas of the house where there are no weapons and there are ways to escape. If arguments

occur, try to move to those areas. Keep weapons like guns and knives locked away and as inaccessible as possible.

- If in an altercation, don't run to where the children are, as your partner may hurt them as well.
- If violence is unavoidable, make yourself a small target. Dive into a corner and curl up into a ball with your face protected and arms around each side of your head, fingers entwined.
- If possible, have a phone accessible at all times and know what numbers to call for help. Know where the nearest public phone is located. Know the phone number to your local shelter. If your life is in danger, call the police. Domestic violence is a crime. When the officer arrives, ask for a copy of the Anchorage Community Emergency Advocacy Resources Book, also known as the [Little Blue Book](#) (LBB). The back of the LBB provides the officer's badge number, your case number and other important information for your case.
- Let trusted friends and neighbors know of your situation and develop a plan and visual signal for when you need help.
- Teach your children how to get help. Instruct them not to get involved in the violence between you and your partner. Plan a code word to signal to them that they should get help or leave the house.
- Tell your children that violence is never right, even when someone they love is being violent. Tell them that neither you, nor they, are at fault or are the cause

of the violence, and that when anyone is being violent, it is important to stay safe.

- Plan for what you will do if your children tells your partner of your plan or if your partner otherwise finds out about your plan.
- Make a habit of backing the car into the driveway and keeping it fueled. Keep the driver's door unlocked and others locked — for a quick escape.
- Try not to wear scarves or long jewelry that could be used to strangle you.
- Practice how to get out safely. Practice with your children.

AFTER YOU LEAVE

Your safety plan should include ways to ensure your continued safety after leaving an abusive relationship. Here are some safety precautions to consider:

- Change your locks and phone number.
- If you have a landline phone, ask your telephone company for caller ID. Ask that your phone number be blocked so that if you call anyone, neither your partner nor anyone else will be able to get your new, unlisted phone number.
- Change your work hours and the route you take to work.
- Change the route taken to transport children to school or consider changing your children's schools. Alert school authorities of the situation (if you have children).
- If you have a restraining order, keep a certified copy of it with you at all times, and inform friends,

neighbors and employers that you have a restraining order in effect.

- Call law enforcement to enforce the order and give copies of the restraining order to employers, neighbors and schools along with a picture of the offender.
- Consider renting a post office box or using the address of a friend for your mail (be aware that addresses are on restraining orders and police reports, and be careful to whom you give your new address and phone number).
- Reschedule appointments that the offender is aware of.
- Use different stores and frequent different social spots.
- Alert neighbors and request that they call the police if they feel you may be in danger.
- Replace wooden doors with steel or metal doors.
- Install security systems if possible.
- Install a motion sensitive lighting system.
- Tell people you work with about the situation and have your calls screened by one receptionist if possible.
- Tell people who take care of your children or drive them/pick them up from school and activities. Explain your situation to them and provide them with a copy of the restraining order.

Source: The National Domestic Violence Hotline,
<https://www.thehotline.org/plan-for-safety/create-a-safety-plan/>

NOTIFICATION TO VICTIMS OF DOMESTIC VIOLENCE

AS 18.65.520

A peace officer investigating a crime involving domestic violence shall orally and in writing inform the victim of the rights of victims of domestic violence and the services available to them. The notification is as follows:

If you are the victim of domestic violence and you believe that law enforcement protection is needed for your physical safety, you have the right to request that the officer assist in providing for your safety, including asking for an emergency protective order. You may also request the officer to assist you in obtaining your essential personal belongings and locating and taking you to a safe place, including a designated meeting place or shelter, the residence of a household member or friend, or a similar place of safety.

In some places in Alaska there are organizations that provide aid and shelter to victims of domestic violence. The nearest organization is Abused Women's Aid in Crisis, Inc. (AWAIC) located at 100 W. 13th Ave. Phone: 907-279-9581.

AWAIC 24 HOUR CRISIS LINE – 907-272-0100

If you are in need of medical treatment you may request the officer assist you in obtaining medical treatment. You may obtain information about whether the prosecuting attorney will file a criminal complaint about the domestic violence. Additionally, the victim/ witness assistance

program of the Department of Law may be able to help you. This information is available from the district attorney's office, which is located at 310 K St, Ste. 520, phone 907-269- 6300.

You also have the right to file a petition in court requesting a protective order (See Page 124 for information about Protection Orders) that may include any of the following provisions:

- (1) prohibit your abuser from threatening to commit or committing further acts of domestic violence;
- (2) prohibit your abuser from stalking, harassing, telephoning, contacting, or otherwise communicating with you, directly or indirectly;
- (3) remove your abuser from your residence;
- (4) order your abuser to stay away from your residence, school, place of employment; or any other specified place frequented by you or another designated household member;
- (5) prohibit your abuser from entering your vehicle or a vehicle you occupy;
- (6) prohibit your abuser from using or possessing a deadly weapon if the court finds your abuser was in the actual possession of or used a weapon during the commission of your abuse;
- (7) direct your abuser to surrender any firearm owned or possessed by that person if the court finds your abuser was in the actual possession of or used a fire-arm during the commission of your abuse;
- (8) request a peace officer to accompany you to your residence to ensure your safe possession of the

residence, vehicle, or other items, or to ensure your safe removal of personal items from the residence;

- (9) award temporary custody of a minor child to the petitioner and may arrange for visitation with a minor child if the safety of the child and the petitioner can be protected;
- (10) grant you possession and use of a vehicle and other essential personal effects;
- (11) prohibit your abuser from consuming controlled substances;
- (12) require your abuser to pay support for you or a minor child in your care if there is an independent legal obligation of your abuser to support you or the child;
- (13) require your abuser to reimburse you for your expenses caused by domestic violence, including medical bills, or for your costs in getting a protective order;
- (14) order your abuser to participate in an intervention program for batterers; and
- (15) other relief the court determines to be necessary for your safety.

The forms you need to obtain a protective order are available from the nearest court. It is not necessary to have an attorney to obtain a protective order, but you may consult an attorney if you choose. If you would like help obtaining a protective order, you may contact the nearest domestic violence program located in Anchorage, AK at 100 W. 13th Ave. AWAIC at 907-279-9581. AWAIC can also tell you about other resources available for information about domestic violence, treatment of injuries, and places of safety and shelter.

AWAIC 24 HOUR CRISIS LINE – 907-272-0100

If the victim of domestic violence does not understand English, the police officer shall make reasonable efforts to inform the victim of the services and rights specified in this section in a language the victims understands.

You may also qualify for compensation from the Violent Crimes Compensation Board: 1-800-764-3040. PO Box 110230, Juneau, AK 99811. An agency of the State of Alaska may be able to help with unexpected costs that are a direct result of an assault or any violent crime. The VCCB can help eligible victims with medical, counseling costs, lost wages and other losses. To receive financial assistance, there are certain things you must do.

For example: Report the assault or crime to law enforcement within five days, or as soon as it would be reasonable; and file an application form with the VCCB within two years from the date of the assault. The VCCB will make the final decision on whether or not to pay for expenses/costs based on eligibility requirements under State law. You can get a VCCB Application form at the Anchorage Police Department, State Troopers Office, District Attorney's Office, local hospitals, STAR and Victims For Justice. Also, available online at www.state.ak.us/admin/vccb

PROTECTIVE ORDERS

PROTECTIVE ORDERS ARE AVAILABLE FOR STALKING, SEXUAL ASSAULT AND DOMESTIC VIOLENCE. They are

designed to prohibit a person from threatening or committing certain actions:

- Stalking and Sexual Assault Protective Orders limit communication and contact, directly or indirectly; and order the recipient to stay away from the requester's home, place of work, school, or any place the requester may frequent.
- Domestic Violence Protective Orders limit communication and contact, grant temporary custody of children and child support, grant possession of a residence and/or vehicle and require reimbursement of expenses.
- Other specific protections depending on the circumstances of your case. These may include requiring the abuser to surrender their firearms, ensuring you have access to your car, removing the abuser from your home, having a peace officer accompany you while you remove items from the home, granting financial support, or ordering the abuser to participate in an intervention program.

TO REQUEST A PROTECTIVE ORDER, you will need to complete a form and describe the situation in detail.

<https://courts.alaska.gov/shc/shcdv.htm>

A judge will determine whether or not to issue a protective order based on the information provided. There are two kinds of protective orders, with different expiration dates and different requirements:

- Ex parte (valid for 20 days): After 20 days it can be extended.
- Long Term (valid for 6 months for stalking and sexual assault, 1 year for domestic violence): Abuser gets the right to appear in court to tell their side of the story before the long-term is issued.

When filling out the form (called a “petition”) you may request both an Ex parte order and a Long-Term order. Filing is free. You may request through the court to keep home or telephone information confidential. If you have a certified copy of an unexpired protective order from another state, it will be enforced in Alaska.

You can use the electronic wizard online here:

<http://courts.alaska.gov/forms/cipo/>

to fill out a domestic violence, stalking, or sexual assault protective order in Alaska. Or you may print out the court forms and submit them to the court yourself. You can also get forms at the court house:

Boney Court House

303 K St, Domestic Violence Office 907-264-0616

Monday-Friday - 8:00 am – 8:00 pm

Saturday and Sunday - noon to 8:00 pm

For emergencies after hours

call APD Dispatch 907-786-8900

and ask an officer to file an emergency 72-hour protective order.

You do not need an attorney to file a protective order, although you may use one if you choose. You may also request help filing a protective order from AWAIC

907-279-9581

907-264-0790

907-265-0148

For questions on current protective orders, call the Alaska Court System 907-264-0616
If you call after normal business hours, leave a message. Someone will call you back.

GENERAL INFORMATION FOR ALL VICTIMS OF CRIME

[Violent Crimes Compensation Board](#) (VCCB) Financial Assistance, State of Alaska Toll Free 1-800-764-3040

The VCCB may be able to help with unexpected costs directly resulting from a violent crime. Eligible victims may be assisted with medical or counseling costs, lost wages and other losses. To receive financial assistance, there are certain things you must do. For example:

Report the crime to law enforcement within five days, or as soon as is reasonable and file an application form with the VCCB within two years from the date of the incident. The VCCB will make the final decision on whether to pay

for expenses/costs based on eligibility requirements under state law.

You can get a VCCB application form at the Anchorage Police Department, State Troopers Office, District Attorney's Office, local hospitals, STAR and Victims for Justice. Also available online at:

<https://aws.state.ak.us/vccbonline/Default.aspx>

[Victim-Witness Assistance Program](#)

https://www.law.alaska.gov/departments/criminal/victims_assist.html This web site (available in English, Yup'ik, Spanish, Korean, and Russian) describes victims' rights and how the District Attorney's office can help them, as well as general information about specific crimes and safety planning.

[Victim Information and Notification Everyday](#) (VINE)

www.vinelink.com

1-800-247-9763

An automated system that provides information on where inmates are held, when they are scheduled for release, and register to receive updates on a particular person.

[Alaska Office of Victim's Rights](#)

<https://ovr.akleg.gov/>

1007 West 3rd Avenue, Ste 205

907-754-3460

An agency of the Alaska Legislature that provides free legal services to victims of crime to help them obtain the rights they are guaranteed under the Alaska constitution and statutes with regard to their contacts with police, prosecutors, judges, and other criminal justice agencies

in this state, as well as to advance and protect those victim rights in court when necessary and authorized by law.

To update the information in the Little Blue Book email:
housingandhomelesservices@anchorageak.gov

SEPTEMBER 2022

Case Number:

Officer's Name:

Next Court Appearance:

/ /

Time:

Boney / Nesbett / Anchorage Jail

Anchorage Police Department
907-786-8900

Alaska State Troopers
907-269-5511

Anchorage Police Department
Domestic Violence Unit
907-343-4199

State of Alaska, Alaska Court System,
Domestic Violence Office
907-264-0616

Victims for Justice
Law Enforcement Referral

